

# Psychometric Properties of the Self-Regulated Learning Inventory in Chilean University Students

Por: Daniela Bruna, María Victoria Pérez, Claudio Bustos y José Carlos Núñez

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## Abstract

This article presents the psychometric properties analysis of the Self-Regulated Learning Inventory, in Chilean university students. To achieve this aim, the instrument was applied to 780 subjects, in their first year of studies, which belong to different undergraduate programs. Data analysis was carried out using exploratory and confirmatory factor analysis. The results of both procedures showed a bifactor structure, with one general factor of self-regulation, and 3 subfactors (Forethought, Performance, Self-reflection), consistent with the theory. In addition, all the factors evidence adequate reliability indexes. It is concluded that IPAA is valid and reliable questionnaire, which can be applied to this population.

## Palabras clave

**Palabras clave de autor:** Sociocognitive Theory; self-regulated learning; planning; forethought and self- reflection of study; higher education students

**KeyWords Plus:** HIGHER-EDUCATION; TRAINING-PROGRAMS; COLLEGE-STUDENTS; STRATEGIES; SCHOOL; METAANALYSIS; EFFICACY