

Development of an instrument to evaluate the results of plastic surgery from the perspective of the patient.

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Abstract

Background: Body remodeling surgical procedures requires an assessment from the client's point of view in terms of esthetic satisfaction. **Aim:** To develop an instrument of assess body remodeling surgical results from the point of view of the patient. **Material and Methods:** A literature search for assessment methods was carried out. Posteriorly, in depth interviews and focus groups with plastic surgeons and patients subjected to plastic surgery procedures were performed. With this information, a conceptual framework was established to devise the instrument. **Results:** Sixteen patients and five plastic surgeons participated in the interviews and focus groups. The domains included in the conceptual framework were outfit and body image, affective and sexual life, self-image and esteem, social relationships and physical symptoms. **Conclusions:** The conceptual framework for the instrument is ready and the psychometric evaluation is the next step in its development.