

**LOCAL PULMONARY DRUG DELIVERY IN THE PRETERM RABBIT: FEASIBILITY AND EFFICACY OF  
DAILY INTRATRACHEAL INJECTIONS**

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**RUNNING HEAD**

Intratracheal injections in the preterm rabbit

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## ABSTRACT

1 Recent clinical trials in newborns have successfully used surfactant as a drug carrier for an active  
2 compound, in order to minimize systemic exposure. To investigate the translational potential of  
3 surfactant-compound mixtures and other local therapeutics, a relevant animal model is required  
4 where intratracheal (IT) administration for maximal local deposition is technically possible and well  
5 tolerated. Preterm rabbit pups (born at 28 days of gestation) were exposed to either hyperoxia or  
6 normoxia and randomized to receive daily IT surfactant, daily IT saline or no injections for 7 days. At  
7 day 7, the overall lung function and morphology were assessed. Efficacy in terms of distribution was  
8 assessed by microPET-CT on both day 0 and day 7. Lung function as well as parenchymal and vascular  
9 structure were altered by hyperoxia, thereby reproducing a phenotype reminiscent of BPD. Neither  
10 IT surfactant nor saline affected the survival or the hyperoxia-induced BPD phenotype of the pups.  
11 Using PET-CT, we demonstrate that 82.5% of the injected radio-active tracer goes and remains into  
12 the lungs, with a decrease of only 4% after 150 minutes. Surfactant and saline can safely and  
13 effectively be administered in spontaneously breathing preterm rabbits. The described model and  
14 method enable researchers to evaluate IT pharmacological interventions for the treatment of BPD.

**KEY WORDS**

bronchopulmonary dysplasia, local drug delivery, surfactant, intratracheal administration, preterm  
rabbit

## INTRODUCTION

15 Despite significant advances in perinatal care, chronic respiratory morbidity remains an important  
16 sequel of preterm birth. Antenatal steroids and surfactant replacement have increased the survival  
17 of preterm neonates, but since their introduction rates of bronchopulmonary dysplasia (BPD) have  
18 been rising. Defined as oxygen dependency at 36 weeks' postmenstrual age or at discharge, BPD still  
19 occurs in about 45% of survivors of extremely preterm birth (<28 weeks of gestational age) (39). Even  
20 beyond BPD, preterm birth results in significant lung function abnormalities and increased  
21 hospitalization rates for respiratory tract infections during infancy and childhood (8, 27). It has even  
22 been suggested that preterm lungs are prone to develop chronic obstructive pulmonary disease  
23 (COPD) in adulthood (25). The need for novel therapies thus remains high.

24 Many pharmacological interventions have been investigated to treat or prevent BPD, however, just a  
25 few products have shown therapeutic potential (20). For instance, studies on systemic  
26 corticosteroids in different regimens have shown potent effects in reducing oxygen dependency at a  
27 postmenstrual age of 36 weeks. However, significant adverse events have been reported, including  
28 gastro-intestinal perforations, growth failure, hypertrophic cardiomyopathy and, most importantly, a  
29 worsened neurocognitive outcome (9, 10).

30 Overall, newborns are more prone to develop adverse events, which could be reduced by avoiding  
31 systemic drug exposure (2). Therefore local pulmonary delivery of novel drug candidates could be  
32 safer and reduce off-target organ exposure (14). In this regard, a recent and successful approach has  
33 been reported by Yeh *et al.* consisting of the combined intra-tracheal (IT) administration of a  
34 surfactant-budesonide mixture (46). Surfactant is a life-saving treatment for preterm neonates with  
35 established respiratory distress but it may also serve as a carrier for pulmonary drug delivery, as it  
36 possesses unique biophysical properties to efficiently spread along the air-liquid interface (17). The  
37 use of surfactant as a drug carrier could result in increased local drug deposition in the lungs and  
38 decreased systemic side effects (16, 33). Along the same lines, also other carriers of active

39 compounds (e. g. exosomes, polymeric carriers) are being considered for the use in neonatal lungs,  
40 with the same purpose of reducing systemic exposure (16, 45).

41 Animal models play an indispensable role during the preclinical development of pharmacological  
42 treatments, including for BPD. Unfortunately, commonly used animal models have important  
43 limitations: mice and rats models are not preterm and do not allow easy tracheal access due to their  
44 small size, while lambs are very expensive and the use of baboons is ethically questioned. The  
45 preterm rabbit model could be an advantageous alternative as it includes the major driver of BPD:  
46 prematurity. Preterm rabbit pups born at day 28 of gestation depict altered lung function at birth,  
47 reminiscent of neonatal respiratory distress syndrome (7), are born in the early saccular stage of lung  
48 development (28) and have immature defense mechanisms against oxidative stress (13).  
49 Furthermore the animals combine prematurity with relatively low housing and care investments and  
50 have a size that allows for technical manipulations (32, 36). When exposed to hyperoxia, they  
51 develop morphological and functional manifestations comparable to human BPD. Previously, we  
52 evaluated the efficacy of several systemically administered compounds in this preterm rabbit model  
53 (21, 26, 31).

54 In this study we established a method for direct access to the airways, through transcutaneous, IT  
55 injections on spontaneously-breathing preterm rabbits. We evaluated the feasibility and safety of  
56 daily IT instillations of saline or surfactant, and their effect on the phenotype of the preterm rabbit  
57 BPD model. Furthermore, we determined the pulmonary distribution of surfactant and saline  
58 following IT administration.

## METHODS

### 59 *Cesarean Section*

60 Time-mated pregnant rabbits (New Zealand White and Dendermonde cross-breed) were provided  
61 through the animal facility of KU Leuven. All experiments were approved by the Ethics Committee for  
62 Animal Experimentation (project numbers P090/2016 and P080/2017) and conducted according to  
63 current guidelines on animal welfare. Cesarean section was performed at 28 days of pregnancy (early  
64 saccular stage of lung development, term = 31 days). Does were sedated with 35 mg/kg of  
65 intramuscular ketamine (Nimatek®; Eurovet Animal Health BV, Bladel, The Netherlands) and 6 mg/kg  
66 of xylazine (XYL-M®; VMD, Arendonk, Belgium). After adequate sedation, does were placed in the  
67 supine position, and euthanized with a mixture of 200 mg embutramide, 50 mg mebezonium, and 5  
68 mg tetracain hydrochloride (intravenous bolus of 1 mL T61®; Intervet International BV, Boxmeer, The  
69 Netherlands). Immediately afterwards the abdomen was opened and all pups were extracted  
70 through hysterotomy.

### 71 *Neonatal rabbit care*

72 At delivery, the pups were dried, stimulated and placed in an incubator at 32° C and 50% of humidity.  
73 Oxygen concentration was continuously monitored with a Palm O2 D% Analyzer® (Analytical  
74 Industries, Pomona, US). Neonatal rabbit care has been described before (22, 32). Briefly, pups were  
75 fed twice daily via an orogastric tube with increasing quantities of a milk replacer (FoxValley 30/50,  
76 Arizona, USA, containing 10g/100ml fat, 6g/100ml protein and <1g/100ml carbohydrates),  
77 supplemented with vitamins and probiotics (6g/100ml Biolapis, Protexin, Somerset, UK) and  
78 immunoglobulins on the first 2 days of life (4g/100ml Col-o-Cat, Sanobest, 's Hertogenbosch, The  
79 Netherlands). Furthermore, intramuscular vitamin K on D2 (0.002 mg/kg Konakion pediatric, Roche,  
80 Belgium) and antibiotics from D2-D7 (benzylpenicillin (20,000 I.U./kg Penicilline, Kela, Sint-Niklaas,  
81 Belgium) and amikacin (20 mg/kg, Amukin, Bristol-Myers Squibb, New York, US)) were administered.  
82 The pups remained in the incubator for 7 days except for the feeding and interventions.

83 *Randomization*

84 After an initial 1-hour adaptation period, surviving pups were weighed, numbered, and randomly  
85 assigned to one of six different groups, ensuring an equal distribution within nests: 1) normoxia  
86 control group (21% oxygen; N; n = 11), 2) hyperoxia control group ( $\geq 95\%$  oxygen; H, n = 11), 3)  
87 hyperoxia group treated with daily intratracheal (IT) injections of 100mg/kg of surfactant (Curosurf<sup>®</sup>,  
88 Chiesi Farmaceutici, Parma, Italy; Hsurf; n = 13), 4) hyperoxia group treated with daily IT injections of  
89 an equal volume of saline (Hsal; n = 13), 5) normoxia group treated with daily IT injections of  
90 100mg/kg of surfactant (Nsurf; n = 10) and 6) normoxia group treated with daily IT injections of an  
91 equal volume of saline (Nsal; n = 11) as visualized in figure 1a. Sample size calculation was performed  
92 using GPower 3.1. To pick-up a 1/3 correction of the effect of hyperoxia on tissue damping (historical  
93 data hyperoxia versus normoxia (22)), with a power of 80% and an  $\alpha$  of 0.01 (Bonferroni correction  
94 for 5 comparisons) in a two-tailed t-test, 8 pups in each group were needed. In order to obtain this  
95 number at day 7, 10-13 pups were randomized to each experimental group (table 1).

96 *Intratracheal injections*

97 Rabbit pups were anesthetized with isoflurane 2.5% (ISO-VET<sup>®</sup>, EuroVet, Heusden-Zolder, Belgium) in  
98 2 L oxygen/min and placed in supine position. We initially evaluated different techniques to obtain  
99 tracheal access (including intubation with curved catheters, intubation with a small scope or nasal  
100 intubation), however these attempts failed in neonates because of the small size and long curvature  
101 of the rabbit snout. Eventually we chose the transcutaneous access because of its feasibility. The  
102 laryngeal and tracheal cartilage was stabilized with an Allis-forceps and catheterization of the trachea  
103 was performed transcutaneously with a 19 mm long 26 G catheter (Neoflon<sup>®</sup>, BD, New Jersey, US).  
104 Correct insertion of the catheter was checked by water valve in the transparent catheter.  
105 Subsequently either 1.25 mL/kg of surfactant or saline was slowly injected with a 30 G blunt  
106 Hamilton needle inserted through the catheter (technique visualized in figure 1c). In post mortem  
107 test pups this technique resulted in delivery above the carina. A gentle position check and instillation

108 was used, as initial attempts using a slightly more aggressive strategy resulted in overinflation of  
109 lungs and mortality. In these optimization experiments, position in the trachea was checked by air  
110 aspiration and after administration of the surfactant a fast air bolus of 0,5ml was applied. This  
111 resulted in procedural mortality in the surfactant group, but not in the saline group. Necropsy of the  
112 animals dying after surfactant administration revealed plump and (over)expanded lungs.

### 113 *Lung function testing*

114 At day 7, invasive lung function testing was performed using the Flexivent system (FlexiVent® 5.2;  
115 SCIREQ, Montreal, Canada), as previously described (32). After anesthesia with 35 mg/kg of ketamine  
116 and 6mg/kg of xylazin, the trachea of the pups was surgically exposed. An 18G metal needle was  
117 inserted in the trachea and connected to the ventilator with the following settings: 120 breaths/min  
118 at a tidal volume of 8mL/kg. Thereafter, four respiratory manoeuvres were performed: a recruitment  
119 manoeuver (deep inflation), a pressure-volume loop (PVRV), a single frequency forced oscillation  
120 manoeuver (Snapshot90v5.1), and a broadband forced oscillation manoeuver (Prime8). The mean of  
121 3 consistent repetitions is reported for each parameter measured.

### 122 *Morphometric assessment*

123 After lung function testing, deeply anesthetized animals were euthanized by exsanguination. A  
124 thoracotomy was performed and the lungs were removed “en bloc”. Left lungs were fixed with 4%  
125 paraformaldehyde under a constant hydrostatic pressure of 25 cmH<sub>2</sub>O for 24h in the airway.  
126 Afterwards, left lung volume was measured through water immersion (Scherle’s principle) (18). Lungs  
127 were embedded in paraffin. A central sagittal cut per lung was stained with hematoxylin and eosin  
128 (HE) and Miller’s elastic stain.

129 Lung sections were scanned with a slide scanner (AxioScan® Slide Scanner, Zeiss, Oberkochen,  
130 Germany). Afterwards, a purpose-designed Fiji-plugin randomly selected fields of 500x500 µm. Lung  
131 morphometric measurements were semi-automatically performed with a self-designed Fiji-plugin,  
132 based on overlapping a 64-point grid on 20 fields per lung. For each lung mean linear intercept (Lm),



133 mean trans-sectional wall length (L<sub>mw</sub>) and parenchymal surface area (S) corrected for body weight  
134 were calculated (18). The semi-automatic method was validated to manual counting for 8 lungs using  
135 the STEPanizer-tool (42). For vascular morphometry, at least 15 arteries with an external diameter of  
136 30-100 μm were measured on Miller-stained lung sections to obtain the internal and external  
137 diameter of the *tunica media* (muscular layer), to calculate medial thickness (MT%) as a ratio of the  
138 thickness of the tunica media to the vessel diameter (35).

### 139 *Micro-PET-CT*

140 Biodistribution of injected surfactant and saline was assessed with micro-PET-CT in a separate litter  
141 of 6 pups. Surfactant (100mg/kg, 1.25 mL/kg) or equal volumes of saline were mixed with 2-deoxy-2-  
142 (18F)fluoro-D-glucose (<sup>18</sup>F-FDG) (25μCi, max 20% of the volume). Surfactant+<sup>18</sup>F-FDG (n=3) or  
143 saline+<sup>18</sup>F-FDG (n=3) was delivered IT at day 0 and day 7. PET-CT-imaging was performed under  
144 isoflurane anesthesia (1.5-2% isoflurane in 100% oxygen) at both 15 and 150min following IT delivery  
145 (figure 4.A). Each animal was fixed on an exchangeable Styrofoam bed in the prone position. First  
146 micro-PET was performed using a Concorde Focus 220 micro-PET (Siemens/Concorde Microsystems,  
147 Knoxville, TN, USA), in a static protocol. Images were reconstructed with Fourier rebinning and 2D  
148 OSEM iterative reconstruction (Ordered Subsets Expectation Maximization, 16 subsets - 10  
149 iterations) at zoom 2, resulting in a voxel size of 0,5x0,5x0,8mm (40). Consequently, the Styrofoam  
150 bed was placed in a dedicated low-dose small-animal micro-CT scanner (SkyScan 1278, Bruker micro-  
151 CT, Kontich, Belgium) while the animal remained in the same position. Respiratory gated micro-CT  
152 images were acquired using the following parameters: 50 kVp X-ray source voltage, 1 mm Al filter,  
153 918 μA source current, 55 ms exposure time, 9 projection images per 0.9° rotation step over a total  
154 angle of 180° in list mode and retrospectively gated. This resulted in four reconstructed 3D datasets  
155 with 50 μm isotropic reconstructed voxel size corresponding to four different phases of the breathing  
156 cycle (4D). Data reported here is at end of expiration. Software provided by the manufacturer (TSort,  
157 NRecon, DataViewer, TCONV, DicomCT and CTan) was used to respectively gate, reconstruct,

158 visualize, convert, process and analyze  $\mu$ CT data (44). Fusion of the micro-PET and  $\mu$ CT images was  
159 done in PMOD 3.7, based on the position of 4 reference points on the animal bed. Consequently  
160 lungs (right and left), upper airway and stomach were manually delineated, and activity in these  
161 volumes of interest was expressed as percentage of total activity. For evaluation of internal  
162 distribution in the lungs we defined the smallest possible volume containing 90% of the pulmonary  
163 activity, based on histograms, and expressed it as a fraction of the total delineated lung volume.  
164 Furthermore the coefficient of variation (COV) for the activity of the voxels was calculated by dividing  
165 the standard deviation by the average voxel activity.

#### 166 *Statistical analysis*

167 All statistical analysis was performed in Prism (Graphpad Software, La Jolla, CA, USA). A Grubbs' test  
168 with an  $\alpha$  of 0.05 was used to identify outliers. For all lung function, morphometric and vascular read-  
169 outs, one-way ANOVA was used. With a Bonferroni-Sidak test for 5 comparisons, the uninjected  
170 hyperoxia-group was compared to the uninjected normoxia-group, and both injected groups were  
171 compared to the uninjected control group in the same condition (hyperoxia or normoxia). Survival  
172 was compared between groups with a log-rank (Mantel-Cox) test. As the relative organ distribution  
173 of the PET-CT data is not normally distributed, non-parametric testing was performed (Wilcoxon  
174 signed rank test, Kruskal-Wallis with Dunn multiple comparisons test). For the distribution of the  
175 activity within the lung, parametric tests were used (paired t-test and ANOVA with a Bonferroni-Sidak  
176 multiple comparisons test).

## RESULTS

### 177 *IT injections do not increase mortality in preterm rabbit pups*

178 A total of 98 pups were delivered from 9 different does. From these, 29 (30%) died during a 1-hour  
179 adaptation period after respiratory distress symptoms or apnea. The remaining pups were  
180 randomized. Of them 52 (75%) survived to harvest at 7 days. Baseline characteristics of the pups  
181 (birthweight, body weight) did not differ significantly between groups (table 1). We did not observe  
182 any immediate mortality after IT injections with surfactant or saline. Overall survival was not  
183 significantly affected by surfactant or saline administration, or by hyperoxia exposure (figure 1b).

### 184 *IT injections of surfactant or saline do not affect the development of the BPD phenotype*

185 Seven days of hyperoxia affected inspiratory capacity, static elastance, dynamic compliance and  
186 elastance, as well as tissue mechanics at forced oscillation (tissue damping and tissue elastance). No  
187 effect on airway resistance was observed. IT injections of surfactant or saline, did not alter any of  
188 these parameters, neither in hyperoxia nor in normoxia groups (table 2).

189 Hyperoxia exposure resulted in lower left lung volume at day 7 (figure 2b). Morphometric  
190 assessment revealed a significantly increased mean transsectional wall length (Lmw) and a trend  
191 towards higher mean linear intercept (Lm), suggesting thicker septations and larger airspaces in the  
192 hyperoxia groups (figure 2a, 2c and 2d). In total, this resulted in a decreased parenchymal surface  
193 area (S) corrected for body weight (figure 2e). The morphometric characteristics were not  
194 significantly influenced by IT injections of surfactant or saline (figure 2).

195 A marked increase in pulmonary artery medial thickness (MT%) was noted in the pups exposed to  
196 hyperoxia, reminiscent of pulmonary vascular disease in BPD. MT% was not significantly affected by  
197 daily IT injections of surfactant or saline (figure 3).

### 198 *IT injections result in high pulmonary deposition*

199 PET-CT was used to evaluate the bio-distribution of IT-delivered surfactant or saline (mixed with an  
200  $^{18}\text{F}$ -FDG radio-isotope) in spontaneously breathing rabbit pups. The median fraction of radio-activity  
201 in the lungs was 78.3%, while 10.2% and 6.1% was detected in the stomach and upper airways  
202 respectively (figure 4c and 4d). No systemic absorption (activity in kidneys or bladder) was noted  
203 within the 150min time frame. A significant, however small, decrease in the pulmonary fraction of  
204 activity occurred between the first scan, performed 10 min after injection, and a second scan at 150  
205 min (median of 82.5% to 78.3%,  $p=0.02$ , figure 4d). At both time points the pulmonary fraction did  
206 not differ significantly between injections with surfactant or saline at day 0 or 7.

207 About two thirds of the pulmonary fraction ( $64.8\pm 15.7\%$ ) was located in the right lung, which is in  
208 line with the larger volume of the right lung ( $58.3\pm 5.3\%$ , figure 4b). There was no significant  
209 difference in activity between both lungs, when corrected for total lung volume ( $p=0.11$ ). Right-to-  
210 left lung distribution did not change between the first scan at 10 min and the second scan at 150 min  
211 ( $p=0.37$ ).

212 On average, we observed that 90% of the activity was present in  $44.6\pm 5.9\%$  of the lung volume. This  
213 corresponds to a coefficient of variation of  $1.38\pm 0.22$ . Visual inspection of the images suggests a  
214 rather central than peripheral deposition in all animals (figure 4c). The internal lung distribution was  
215 not significantly changed between the first and the second scans ( $43.9\pm 6.3\%$  and  $45.2\pm 5.7\%$   
216 respectively,  $p=0.38$ ). Also for internal distribution no significant differences were noted between  
217 injections with surfactant or saline at day 0 or 7 (figure 4e). However, when data from the surfactant  
218 and saline groups were pooled, a significantly more homogenous distribution of the activity was  
219 noted at day 0 compared to day 7 ( $47.8\pm 5.0\%$  and  $39.2\pm 4.1\%$  respectively,  $p=0.01$ ).

## DISCUSSION

220 From a clinical and research perspective the interest in local pulmonary delivery of molecules to  
221 promote the long term respiratory outcome in preterm neonates is increasing. The current study  
222 validates the preterm rabbit model for research on this emerging topic. This small animal model  
223 combines prematurity and oxygen toxicity, and results in a structural and functional phenotype  
224 mimicking human BPD (36). Until now a preclinical evaluation of surfactant-compound mixtures  
225 would only have been possible in larger animal models like adult rabbits, preterm lambs or baboons,  
226 at a higher financial and ethical cost (1, 29, 47). The combination of prematurity in a small animal  
227 model with tracheal access as described in this paper, opens opportunities to investigate novel  
228 intratracheal therapeutics. The preterm rabbit obviously also has some limitations such as the limited  
229 availability of commercial reagents and antibodies for the explorative analysis of rabbit tissue.  
230 Additionally there is no reliable visible assessment of male or female phenotype, making it difficult to  
231 evaluate the role of gender on preterm lung disease and therapy. Also, this model cannot replace  
232 experiments in the more human-like ventilated or non-invasively supported large animal models. A  
233 final disadvantage of the model is the need for a transcutaneous puncture, as intubation through the  
234 normal route is technically very challenging.

235 This study provides arguments for the use of surfactant as a safe and efficient carrier for drugs  
236 targeting the neonatal lung. As the large majority of preterm infants at risk of BPD are anyway  
237 receiving surfactant for RDS at birth, the addition of a therapeutic molecule in the surfactant  
238 emulsion to improve long term respiratory outcome is a promising strategy. This study was set-up to  
239 evaluate the feasibility, safety and distribution of daily IT administration of surfactant, as a potential  
240 drug carrier, in the preterm rabbit model.

241 A **first** essential prerequisite for a drug carrier is the absence of a noxious effect. The direct effect of  
242 surfactant on chronic lung disease has been a matter of debate for many years. The introduction of  
243 surfactant supplementation in the care of extreme preterm babies has been associated with higher

244 rates of BPD (37, 39), a finding that is generally explained by the survival of infants with more  
245 immature lungs. Furthermore in prophylactically treated infants increased incidences of BPD or  
246 death have been observed, compared with infants treated in a rescue strategy (34). Additionally  
247 researchers have raised concerns on the potential acute side effects of surfactant administration,  
248 such as ventilation disturbances in formerly normally functioning lung regions (4). On the other hand  
249 long term beneficial effects of repetitive instillations of surfactant have been described in ventilated  
250 infants (TOLSURF and CURDYS trials: (15, 24)). The rationale is that exogenous surfactant is necessary  
251 to overcome endogenous surfactant inactivation by oxidation and protein leak due to respiratory  
252 support.

253 Our study suggests in a relevant (non-ventilated) preterm animal that repetitive surfactant  
254 administration has no direct effect on the evolution towards chronic lung disease. Despite older data  
255 suggesting surfactant inhibition in neonatal rabbits exposed to hyperoxia (5), daily exogenous  
256 surfactant did not result in in vivo improvement in lung function in this model. Surfactant  
257 administration neither altered the alveolar nor vascular architecture.

258 We did not investigate the acute effects of surfactant administration on a possible RDS phenotype,  
259 but earlier work has shown beneficial effects on the overall lung mechanics of preterm rabbits (30).  
260 The increased mortality in our optimization experiments however illustrates that surfactant should  
261 be used with caution. The absence of any procedural mortality in the final, pressure-less, method,  
262 demonstrates the importance of the administration strategy.

263 A **second** prerequisite for a good drug carrier is an adequate distribution to and in the target organ,  
264 in this case the lung. Using the technique described above, the vast majority of the injected activity  
265 reached the lungs (82.5%) and stayed there at least 150 minutes after injection (78.3%). The slight,  
266 but significant decrease possibly reflects a small esophageal fraction that is impossible to distinguish  
267 from the pulmonary fraction, and that descends to the stomach at the second time point. This study  
268 suggests that tracheal administration of drugs or surfactant, even in the absence of a closed

269 ventilation system and positive pressure, leads to a very high pulmonary deposition, with minimal  
270 loss. This is a clear advantage over inhalation strategies in neonates, where low lung deposition, and  
271 high loss (buccal mucosa, stomach, face and device; up to 2%) has been observed (12). IT  
272 administration thus seems to result in less systemic exposure, limiting the potential for side effects.

273 We conclude that the internal distribution within the lung is acceptable, even if it is not perfect. A  
274 perfectly homogenous distribution would result in 90% of the activity present in 90% of the lung  
275 volume, while in our study this amount is present in about 45% of the lung volume. Previous studies  
276 did also show a patchy or rather central distribution of surfactant after intratracheal delivery which is  
277 comparable to our data (6, 11, 43). As these studies used less precise quantification methods it is  
278 however impossible to exactly benchmark our findings.

279 From a drug delivery perspective a more homogenous distribution might be desirable, however  
280 established pulmonary drug delivery strategies such as inhalation, have been proven to be efficient,  
281 despite comparable imperfect distribution (3, 12). Furthermore, the need for anesthesia during the  
282 PET-CTs might have negatively influenced the distribution of the tracer through hypoventilation. If  
283 allowed a longer recovery period, distribution towards the periphery of the lung might improve,  
284 however this could not be tested because of the short half-life of  $^{18}\text{F}$ -FDG. Additionally, in our study  
285 repetitive injections (on day 0 and day 7) in the same animal resulted in different distribution  
286 patterns, increasing the total amount of lung tissue exposed. Finally, it should be noted as a  
287 limitation that this proof of concept study uses  $^{18}\text{F}$ -FDG, as the behavior of this tracer molecule does  
288 not necessarily reflect the biophysical and biological behavior of a given investigational drug (e.g.  
289 interaction with surfactant, viscosity in solution and eventual uptake by the epithelium).

290 The rationale to use surfactant as a carrier is the idea that it would act synergistically by improving  
291 the internal distribution of a drug within the lung. In this study we did not see any difference in  
292 intrapulmonary distribution of  $^{18}\text{F}$ -FDG between the groups in which surfactant or saline was used as  
293 a carrier. We have to acknowledge that our study was not powered to perform this comparison

294 (n=3). We did see a trend towards improved distribution on day 0 versus day 7 in both the saline and  
295 surfactant treated animals. This is in line with previous observations in a sheep model that surfactant  
296 distribution is better in fluid filled lungs (23).

297 Our data are in line with observations from Fajardo et al. in surfactant depleted, mechanically  
298 ventilated adult rabbits. They reported a comparable central distribution of radio-actively labeled  
299 budesonide, not affected by surfactant (11). On the other hand, Huang et al. report on improved  
300 distribution of a fluorescent dye after IT injection in a surfactant mixture in spontaneously breathing  
301 adult mice, most likely by altering the biophysical characteristics of the injected liquid (19). This  
302 discrepancy nicely illustrates that the effect of surfactant on the distribution of a drug will depend,  
303 like mentioned above, on the biophysical and biological properties of the specific drug.

304 In conclusion, we developed a model that allows the preclinical evaluation of intratracheal  
305 therapeutics in a BPD context. Here, we used this model to mimic IT surfactant administration, a  
306 common clinical procedure, from bedside to bench. In our experiments, we provided support for the  
307 safety and efficacy of surfactant as a drug carrier as its use 1) did not result in noxious effects on the  
308 lung, and 2) resulted in high pulmonary deposition with an acceptable internal distribution. Future  
309 perspectives include the use of this model and methods to translate innovative localized treatment  
310 strategies for BPD from the bench towards bedside.



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## **DISCLOSURES**

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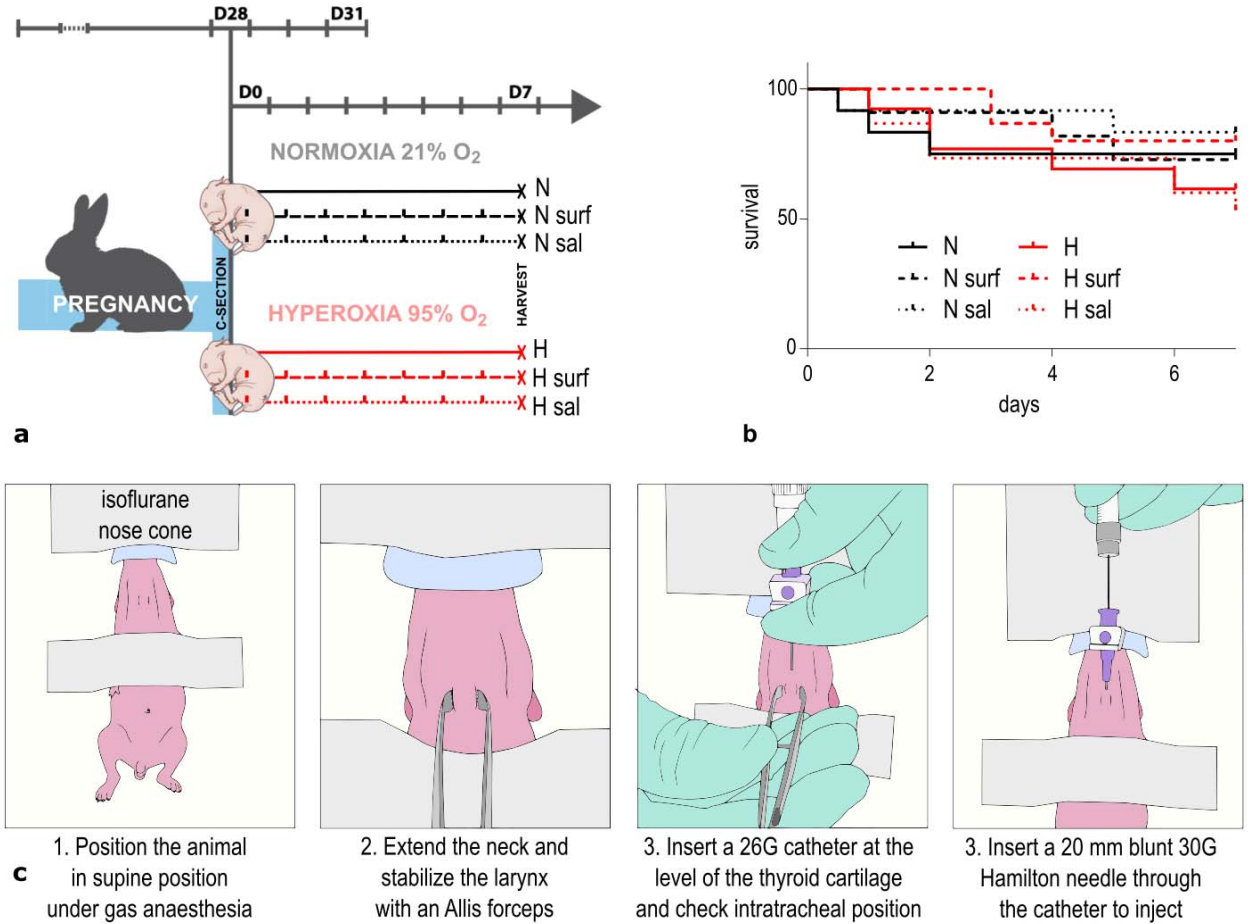
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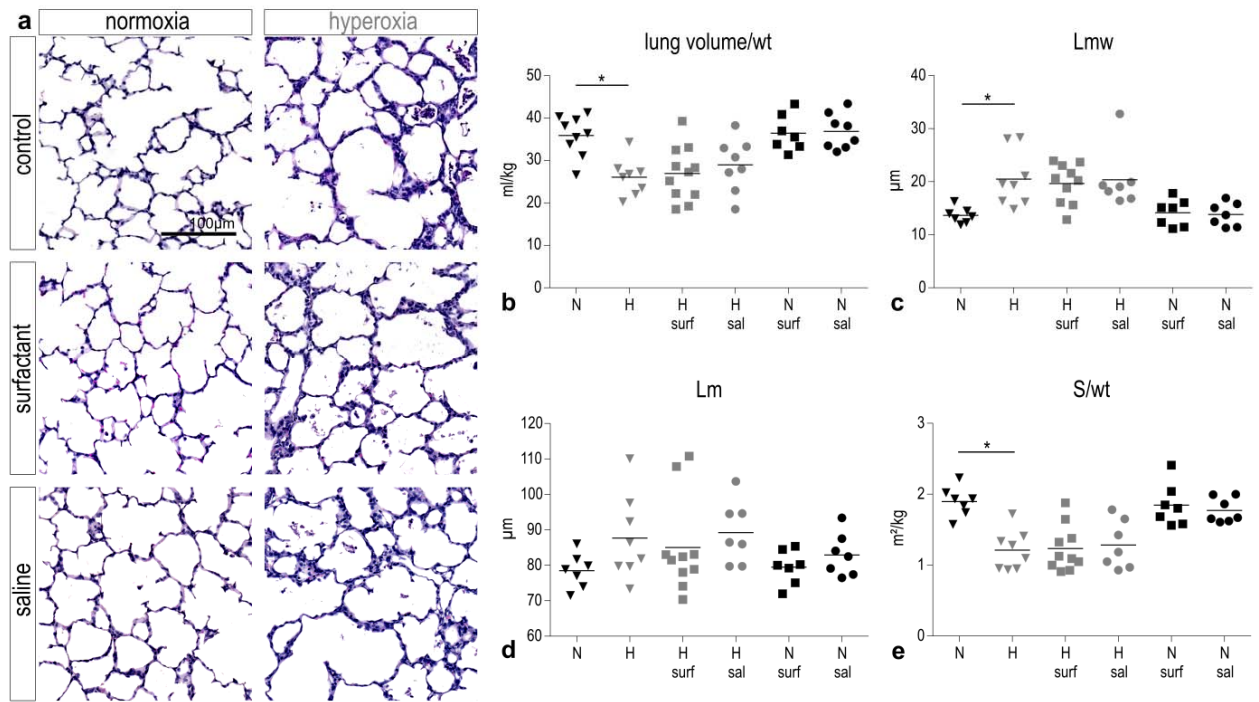
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**FIGURES**

**Figure 1.** Study design and survival.

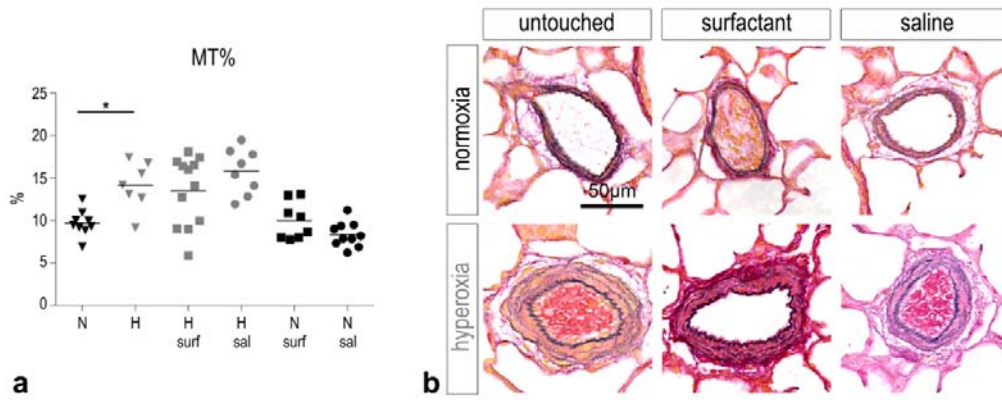


**Figure 2.** Lung volume and alveolar morphometry.

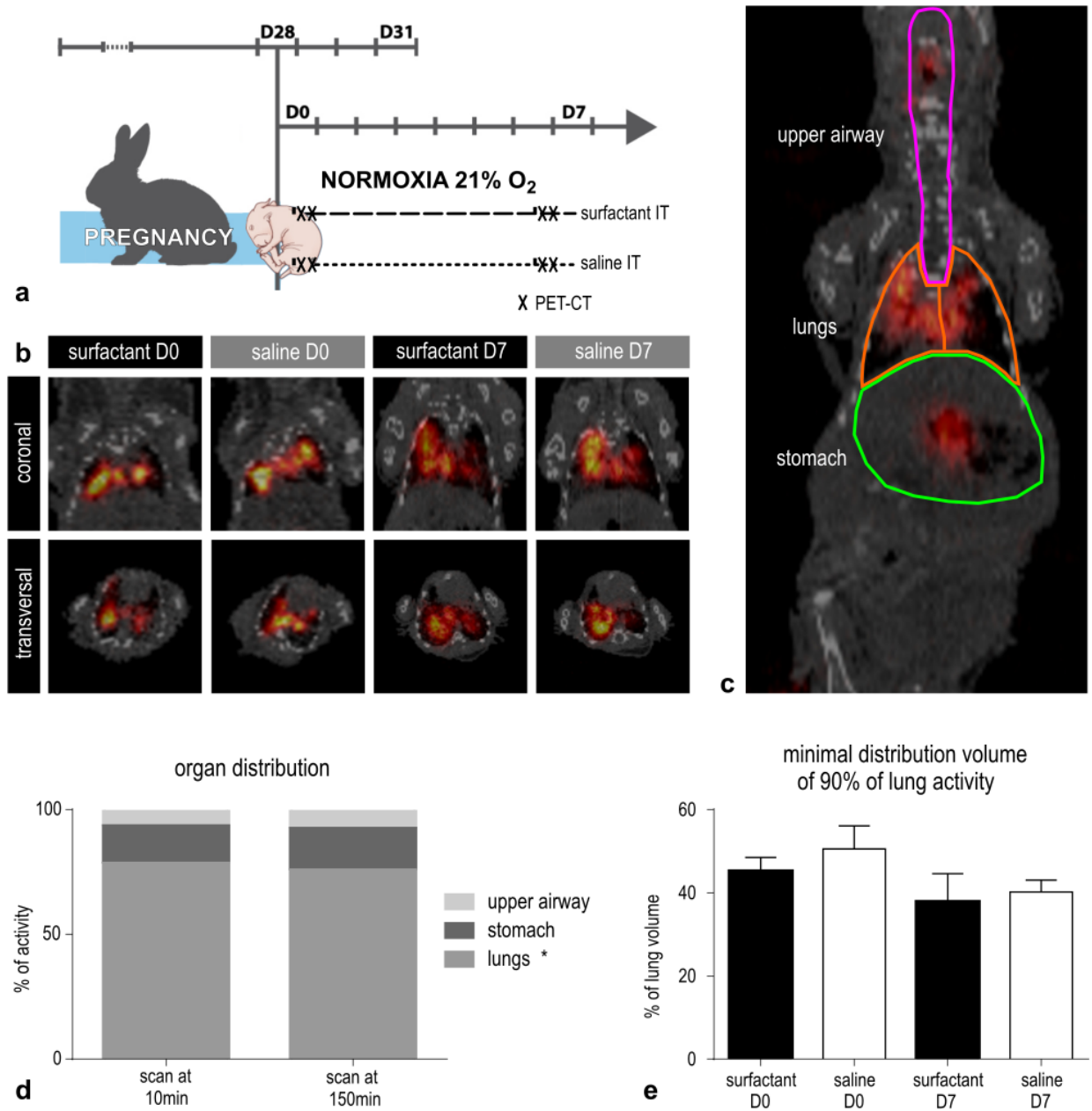




**Figure 3.** Vascular morphometry.



**Figure 4.** PET-CT distribution data.



## FIGURE LEGENDS

440 **Figure 1.** Study design and survival.

441 (A) At 28 days of gestation pups are delivered by cesarean section, and randomized to 6 groups ( $n =$   
442 10-13). Three groups are raised in normoxia (21% oxygen): a control group ( $N, n = 11$ ), a  
443 surfactant group ( $N\ surf, n = 10$ ) and a saline group ( $N\ sal, n = 11$ ) (both daily IT administration).  
444 In parallel 3 groups are raised in hyperoxia (>95% oxygen): control ( $H, n = 11$ ), surfactant ( $H\ surf,$   
445  $n = 13$ ) and saline ( $H\ sal, n = 13$ ). All pups are harvested for functional and histological analysis at  
446 day 7.

447 (B) Survival analysis does not reveal any differences between the study groups.

448 (C) Illustration of the intratracheal injection strategy

449 **Figure 2.** Lung volume and alveolar morphometry.

450 (A) Representative pictures of HE-stained lung slides.

451 (B) Left lung volume as measured by water immersion is decreased in animals exposed to hyperoxia,  
452 and unaffected by daily surfactant or saline IT administration ( $n=7-11$ ).

453 (C)  $L_{mw}$  (mean transactional wall length) is increased in animals exposed to hyperoxia, suggesting  
454 thicker alveolar walls, but is unaffected by daily surfactant or saline IT administration ( $n=7-10$ ).

455 (D)  $L_m$  (mean linear intercept) tends to increase in hyperoxia, suggesting larger airspaces, but is  
456 unaffected by daily surfactant or saline IT administration ( $n=7-10$ ).

457 (E) Parenchymal surface area is decreased in hyperoxia, but unaffected by daily surfactant or saline  
458 IT administration ( $n=7-10$ ).

459 \* $p < 0,05$  (significance level adjusted for multiple comparisons according to Bonferroni-Sidak)

460 **Figure 3.** Vascular morphometry.

461 (A) *MT% (medial thickness, or thickness of the tunica media corrected for vessel diameter) is*  
462 *increased by hyperoxia, but remains unaffected by daily surfactant or saline IT administration*  
463 *(n=7-11).*

464 (B) *Representative pictures of lung arteries on Miller-stained lung sections.*

465 *\*p<0,05 (significance level adjusted for multiple comparisons according to Bonferroni-Sidak)*

466 **Figure 4.** PET-CT distribution data.

467 (A) *A separate litter was delivered at 28 days of gestation (by cesarean section), housed in normoxia,*  
468 *and randomized to either IT injections with surfactant + <sup>18</sup>F-FDG or saline + <sup>18</sup>F-FDG (n=3).*  
469 *Injections were performed at both day 0 and day 7, followed by a PET-CT scan after 10 and 150*  
470 *min.*

471 (B) *Representative image of a full body coronal section. Manually the different volumes of interest*  
472 *containing <sup>18</sup>F-FDG-activity (upper airway, right and left lung, stomach) were delineated on all*  
473 *scans.*

474 (C) *Representative lung images of pups in both groups at day 0 and day 7, taken at 10 min after*  
475 *injection, suggesting an unequal and predominantly central distribution in all groups.*

476 (D) *Organ distribution of the injected activity in all groups (n=12), 10 and 150 min after injection. We*  
477 *observe a significant but small relative decrease in lung activity (82.5% to 78.3%): \*p=0,03*  
478 *(nonparametric testing, adjusted for multiple comparisons according to Dunn).*

479 (E) *Internal distribution within the lung, graph indicates the minimal relative lung volume containing*  
480 *90% of the total activity at 10 min after injection. In perfectly homogenous distributions this*  
481 *would be 90% of the volume. No differences between individual groups (n=3), but when pooled*  
482 *higher at day 0 compared to day 7 (n=6, p=0.01).*



## TABLES

**Table 1.** Survival and weight characteristics of included pups

	<b>N</b>	<b>H</b>	<b>H surf</b>	<b>H sal</b>	<b>N surf</b>	<b>N sal</b>	<i>p</i> -value (ANOVA)
<b>Number included</b>	<b>11</b>	<b>11</b>	<b>13</b>	<b>13</b>	<b>10</b>	<b>11</b>	
<i>Birth weight (g)</i>	38.7 ± 7.6	36.8 ± 7.4	36.9 ± 6.9	35.3 ± 6.6	34.5 ± 7.1	34.0 ± 7.2	0.64
<b>Number survived</b>	<b>9 (82%)</b>	<b>8 (73%)</b>	<b>11 (85%)</b>	<b>8 (62%)</b>	<b>7 (70%)</b>	<b>9 (82%)</b>	
<i>Birth weight (g)</i>	38.0 ± 6.1	37.9 ± 3.9	37.2 ± 5.4	38.5 ± 5.3	36.5 ± 6.6	31.6 ± 4.5	0.09
<i>Body weight day 7 (g)</i>	51.8 ± 9.7	48.7 ± 5.1	48.3 ± 9	49.6 ± 6.6	49.0 ± 8.6	42.3 ± 7.6	0.24
<i>Relative weight gain (%)</i>	35 ± 7	29 ± 8	29 ± 12	29 ± 9	35 ± 9	34 ± 12	0.53

**Table 2.** Lung function read-outs.

	N	H	H surf	H sal	N surf	N sal
<b>PV-loop</b>						
<i>Vend/wt</i> - Inspiratory capacity (ml/kg)	63.9±14.3	40.4±6.0*	43.6±14.8	48.6±12.9	66.5±11.8	72.2±26.3
<i>Cst</i> - Static compliance (mL/cmH <sub>2</sub> O.kg)	2.1±0.4	1.1±0.3	1.5±1.1	1.3±0.6	2.8±1.4	3.4±2.7
<i>Est</i> - Static elastance (cmH <sub>2</sub> O.kg/mL)	0.47±0.14	1.06±0.42*	0.94±0.75	0.73±0.24	0.42±0.17	0.39±0.22
<b>Single frequency oscillation</b>						
<i>R</i> - Resistance (cmH <sub>2</sub> O.s/mL)	0.31±0.07	0.47±0.11	0.46±0.12	0.56±0.33	0.25±0.08	0.31±0.12
<i>C</i> - Dynamic compliance (mL/cmH <sub>2</sub> O.kg)	3.4±0.8	1.5±0.6*	1.9±0.9	1.8±1.0	3.6±1.0	4.0±1.4
<i>E</i> - Dynamic elastance (cmH <sub>2</sub> O.kg/mL)	0.31±0.06	0.63±0.21*	0.57±0.36	0.48±0.15	0.29±0.08	0.27±0.08
<b>Forced oscillation</b>						
<i>Rn</i> - Airway resistance (cmH <sub>2</sub> O.s/mL)	0.12±0.05	0.15±0.06	0.16±0.08	0.16±0.06	0.08±0.04	0.11±0.08
<i>G</i> - Tissue damping (cmH <sub>2</sub> O/mL)	1.6±0.2	2.5±0.6*	2.2±0.5	2.1±0.3	1.6±0.5	1.6±0.2
<i>H</i> - Tissue elastance (cmH <sub>2</sub> O/mL)	6.0±1.1	11.5±3.8*	9.8±3.9	8.4±2.0	6.0±1.8	6.0±0.8

## TABLE LEGENDS

483 **Table 1.** Survival and weight characteristics of included pups

484 *Weights of the pups included in the experiment (n=69), and of the pups harvested at day 7 (n=52).*

485 *Mean  $\pm$  SD are shown. Data analyzed with ANOVA.*

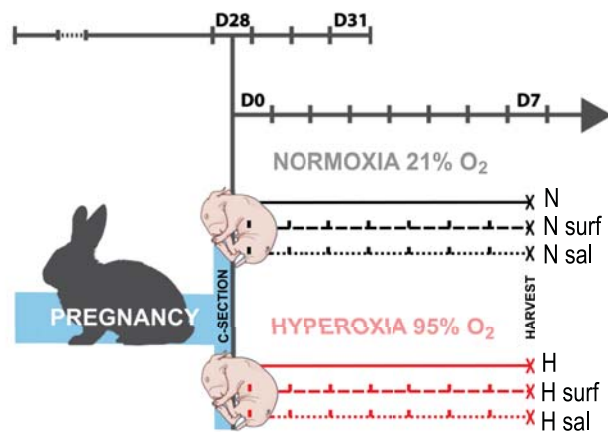
486 **Table 2.** Lung function read-outs.

487 *Hyperoxia controls are compared to normoxia controls, both saline and surfactant injected groups are*

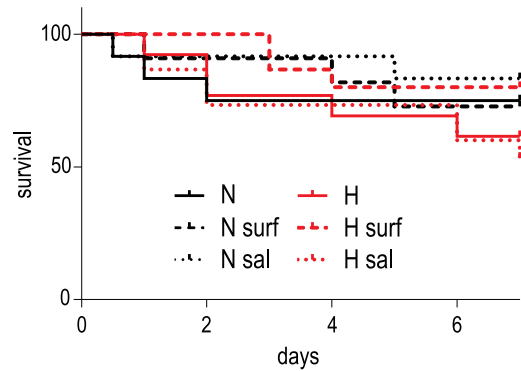
488 *compared to the controls in the same condition (hyperoxia or normoxia) (n=7-11): \*p<0,05 adjusted*

489 *for multiple comparisons according to Bonferroni-Sidak.*

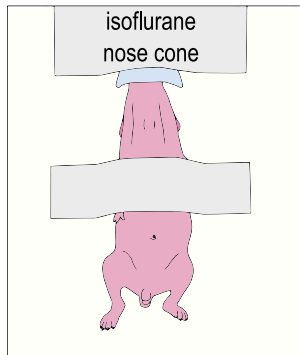




**a**

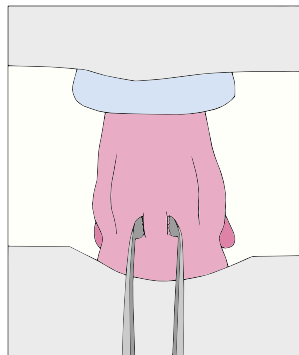


**b**

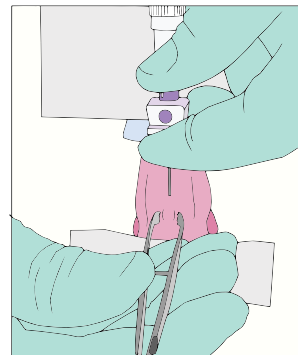


**c**

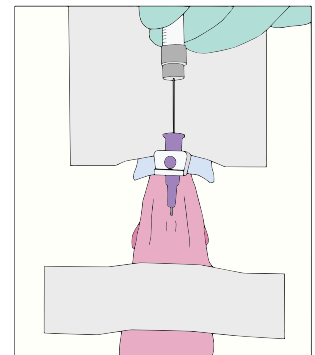
1. Position the animal in supine position under gas anaesthesia



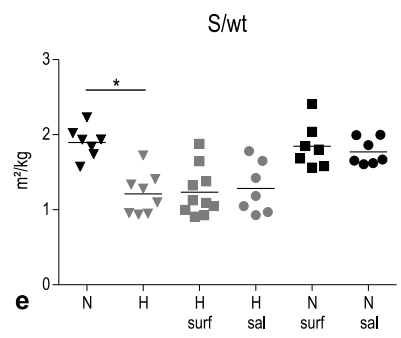
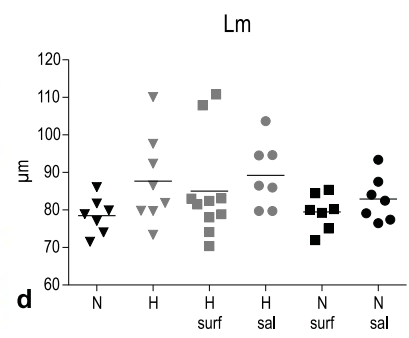
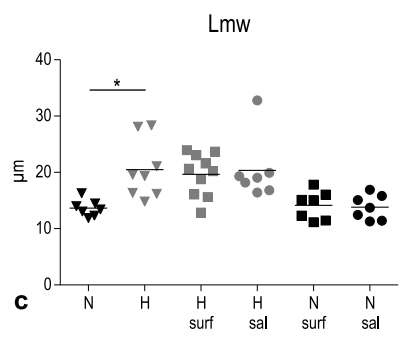
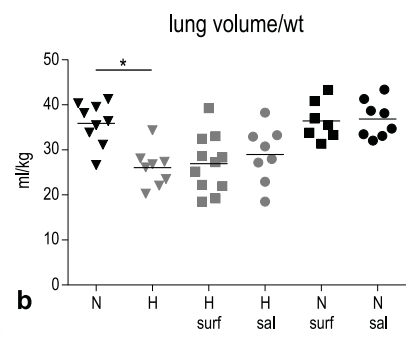
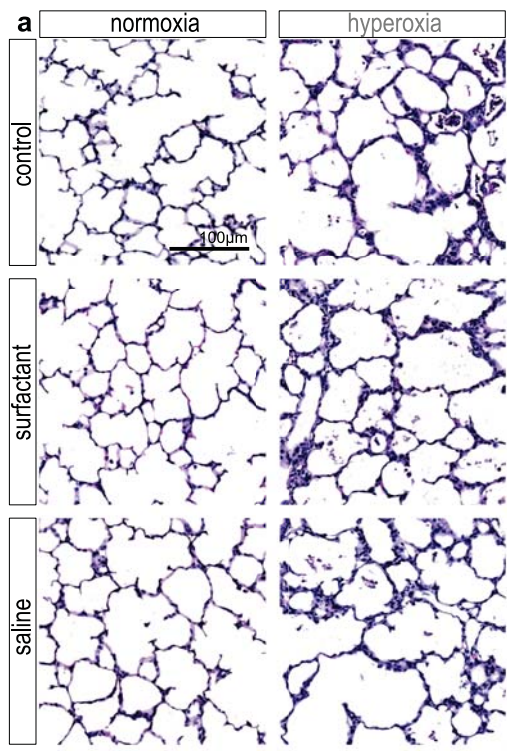
2. Extend the neck and stabilize the larynx with an Allis forceps

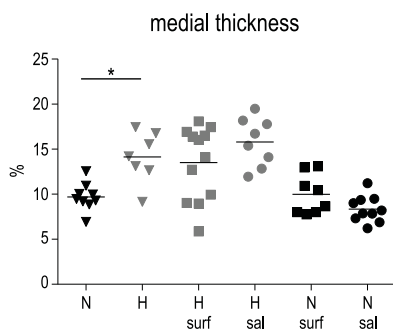


3. Insert a 26G catheter at the level of the thyroid cartilage and check intratracheal position

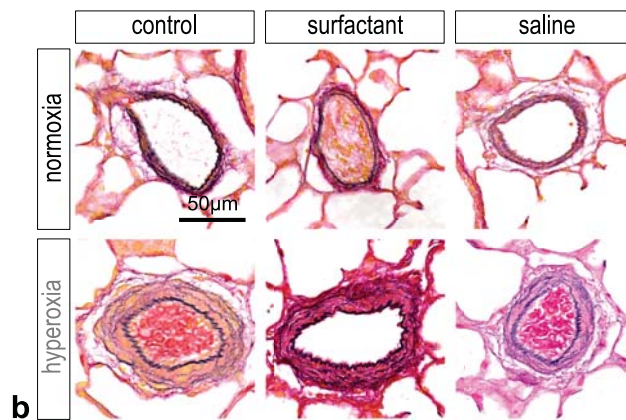


3. Insert a 20 mm blunt 30G Hamilton needle through the catheter to inject





**a**



**b**

