



## Clinical Practice Guidelines for Epidermolysis Bullosa Laboratory Diagnosis

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# Clinical Practice Guidelines for Epidermolysis Bullosa Laboratory Diagnosis

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**Abbreviations:**

ACSG, Association for Clinical Genetic Science; AD, autosomal dominant; AR, autosomal recessive; BMZ, basement membrane zone; CASP, critical appraisal skills programme; CPG, clinical practice guideline; DEB, dystrophic epidermolysis bullosa; DEBRA, Dystrophic Epidermolysis Bullosa Research Association; DNA, deoxyribonucleic acid; EB, epidermolysis bullosa; EBS, epidermolysis bullosa simplex; EDTA, ethylenediaminetetraacetic acid; EQA, External quality assessment; ExAc, Exome Aggregation Consortium; FITC, fluorescein-iso-thio-cyanate; H&E, Hematoxylin and eosin stain; HGVS, Human Genome Variation Society; IFM, immunofluorescence mapping; IHC, immunohistochemistry; JEB, junctional epidermolysis bullosa; KS, Kindler syndrome; LOH, loss of heterozygosity; MLPA, multiplex ligation-dependent probe amplification; NGS, next generation sequencing; NHS, normal human skin; PCR, polymerase chain reaction; PGH, preimplantation genetic haplotyping; PND, prenatal diagnostic; qPCR, quantitative polymerase chain reaction; RCT, randomised controlled trial; RDEB, recessive dystrophic epidermolysis bullosa; RNA, ribonucleic acid; RNA-Seq, RNA sequencing; RT-PCR, reverse transcriptase polymerase chain reaction; SNP, single nucleotide polymorphism; SS, Sanger sequencing; SIGN, Scottish Intercollegiate Guidelines Network; TEM, transmission electron microscopy; VUS, variant of uncertain significance; WES, whole exome sequencing; WGS, whole genome sequencing.

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## 1. Purpose and scope

The overall objective of this guideline is to provide the user with information on the laboratory diagnosis of inherited epidermolysis bullosa (EB) to improve outcomes (Table 1). An accurate diagnosis and sub classification of EB enables (i) early prognostication of the disease severity, (ii) decision making for patient management, (iii) informed genetic counselling of the patient and family and DNA based prenatal or preimplantation genetic diagnosis, (iv) long-term surveillance and management of possible complications, (v) inclusion in clinical trials and (vi) precision medicine.

The users of the guideline are dermatologists, neonatologists, paediatricians, geneticists and genetic counsellors, laboratory doctors and technicians, nurses and people living with EB and their families. The target group consists of patients with skin blistering or fragility, suspected of suffering from any type of EB.

## 2. Stakeholder involvement and peer review

In 2016 the Dystrophic Epidermolysis Bullosa Research Association (DEBRA) International consulted with the international EB community and identified clinical practice guidelines (CPG) for EB laboratory diagnosis as a priority area (<http://www.debra-international.org/clinical-guidelines.html>). This guideline was developed on behalf of DEBRA International with the financial support of DEBRA Austria, according to the DEBRA Guideline Development Standard. The CPG development group consisted of 16 international members representing 12 countries. The draft document was circulated to nine reviewers who are either internationally recognized experts in the field, or people living with EB. On behalf of DEBRA International, a specialist in guideline development and coordinator of CPGs was appointed to guide the development panel through the entire process.

## 3. Methodology

The CPG development group consisted of dermatologists, paediatric dermatologists, geneticists, biologists and a nurse, and additionally patient representatives. All panel members completed written conflict of interest and code of conduct declarations. The evidence-based development of clinical recommendations was led by two panel members (CH and LL). During the guideline development, the group met twice in face-to-face meetings (at least six members physically present) to discuss the clinical questions, the methodology, review the evidence, the recommendations, and to agree on structure and wording. Whenever input from the entire group was required, it was solicited via email. A research assistant (SB) coordinated communications and contributed to the preparation of the documents and manuscript.

To identify publications, a search of NCBI “All Databases” and PubMed was performed using the terms “Inherited EB and laboratory diagnosis”, “EB and mutation” and “EB and prenatal diagnosis”, with the search period ending December 2018. In addition, “Epidermolysis bullosa” was used to search articles in GeneReviews. A total of 1,485 articles were identified. In light of technological advances, articles published before 2010 were excluded from the appraisal, unless newer publications on a topic were lacking (e.g. prenatal diagnosis of EB). Case reports were only considered when they reported relevant methodology. Seven papers published after November 2017 until August 2018 were appraised, and many other recent publications were added because of their relevant contents.

Sixty-four papers were appraised, each by two panel members, according to the Critical Appraisal Skills Programme (CASP)<sup>1</sup> and Scottish Intercollegiate Guidelines Network (SIGN) quality rating.<sup>2</sup> No meta-analyses, systematic reviews or case control studies were available. The highest level of evidence was achieved by high quality cohort studies.

#### **4. Limitations of the guideline**

The document has been prepared on behalf of DEBRA International and is based on the best data available at the time of the document preparation. EB is a rare disease and most of the subtypes are ultra-orphan conditions (1 in 20,000). People living with EB may have their “private” genetic variants and unusual genotype-phenotype correlations which require individualised strategies for analysis. Moreover, experimental proof of pathogenicity of unclassified sequence variants (variants of uncertain significance, VUS) is performed in a basic research environment. Such situations are not covered by this guideline. Non-invasive prenatal diagnosis (PND) utilising cell-free foetal DNA and preimplantation genetic diagnosis are also not covered within this guideline. Detailed descriptions of the sequencing methods and their quality controls, as well as an introduction in good clinical practice of genetic counselling, were beyond the scope of this guideline.

#### **5. Plans for guideline revision**

The proposed revision for this set of recommendations is scheduled for 2021.

#### **6. Background**

Inherited EB is a group of rare genetic disorders characterized by skin fragility and mechanically induced blistering. EB comprises four main types - EB simplex (EBS), junctional EB (JEB), dystrophic EB (DEB) and Kindler syndrome (KS), with more than

1  
2  
3 30 clinical subtypes (Table 2). EB is clinically heterogeneous, including a broad  
4 spectrum of severity. At one end of the spectrum, severe congenital cutaneous and  
5 mucosal fragility may be accompanied by extracutaneous involvement and complications,  
6 often resulting in a limited life span. In contrast, mild skin fragility may be localised to  
7 extremities, begin later in life, or only manifest as nail dystrophy.<sup>3</sup> In children and adults,  
8 clinical features may be typical and allow the clinical diagnosis of the EB type and  
9 subtype.<sup>4</sup> In neonates and in individuals with mild clinical manifestations the  
10 determination of the EB type and subtype relies on laboratory diagnosis. In some  
11 situations, particularly in families with a first case of EB and apparent *de novo* occurrence,  
12 discrimination between autosomal dominant (AD) and recessive (AR) inheritance is not  
13 possible without genetic testing.<sup>5</sup>

### 21 **Classification of EB with genes and causative variants**

22  
23 Classification of EB into four main types is based on the ultrastructural level of skin  
24 cleavage.<sup>6</sup> In EBS splitting occurs within the epidermis (intraepidermal), in JEB within  
25 the lamina lucida (junctional), in DEB below the basement membrane within the  
26 superficial dermis (dermal) and in the KS there is a mixed level of skin blistering  
27 (Table 2). An EB classification scheme (onion-skin) has been developed which  
28 sequentially takes into account the level of skin cleavage corresponding to the major EB  
29 type, the clinical severity, the inheritance pattern, and the molecular defect, including the  
30 relative protein expression and the disease-causing sequence variant(s).<sup>6</sup> A detailed  
31 description of this EB classification system and the clinical subtypes has been reported by  
32 Fine et al.<sup>6</sup>

### 40 **Clinical features of EB**

#### 42 **Cutaneous and mucosal involvement in EB**

43  
44 Skin blistering on sites of mechanical trauma is the main clinical feature of EB. Depending  
45 on the level of skin cleavage, blisters may be superficial as with EBS and result in  
46 erosions, or more profound such as with JEB, DEB and KS and lead to ulcerations.  
47 Blisters may be generalised, disseminated to different body sites, or localised to the  
48 extremities. Skin defects heal spontaneously by *restitutio ad integrum*, or with residual  
49 hypo-/hyper-pigmentation, skin atrophy or scarring. Recurrent and chronic skin defects  
50 may result from permanent exposure of the fragile skin to mechanical trauma.

51  
52 Oral, oesophageal, tracheal, genitourinary, and ocular mucosal membranes may be  
53 affected by erosions, ulcerations and scarring. Fragility of the cutaneous adnexa may  
54 involve nails which may become dystrophic or lost, and hair, leading to alopecia.  
55 These features are characteristic to specific EB subtypes.<sup>6</sup>

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3 Progressive scarring results in contractures and/or mutilations of the extremities,  
4 microstomia, disfigurement and oesophageal stenosis, which are common in KS and in  
5 DEB, or dyspnoea with risk of suffocation in specific forms of JEB.  
6  
7

8 Teeth may be affected because of amelogenesis imperfecta (JEB) or secondarily to the  
9 fragility and scarring of the oral mucosa leading to impaired oral hygiene (DEB).  
10  
11

### 12 **Extracutaneous involvement in EB**

13  
14 Due to the high caloric consumption and acquired complications in the context of  
15 permanent skin damage and regeneration, EB subtypes with generalised severe  
16 blistering are characterized by secondary involvement of other organs or systems.<sup>7,8</sup>  
17 This is mainly the case with generalized recessive DEB (RDEB), which may be  
18 accompanied by failure to thrive, anaemia, osteoporosis, joint contractures,  
19 cardiomyopathy, renal amyloidosis, etc.<sup>8</sup>  
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24 In syndromic EB types, expression of the affected genes in extracutaneous tissues leads  
25 to primary involvement of other organs or systems.<sup>9</sup> Examples are: muscular dystrophy in  
26 EBS with plectin deficiency; pyloric atresia in EBS with plectin deficiency and in JEB with  
27 integrin  $\alpha 6\beta 4$  deficiency; cardiomyopathy in EBS caused by *KLHL24* or *PLEC* sequence  
28 variants and in skin fragility syndromes with *DSP* and *JUP* sequence variants;<sup>10</sup> lung  
29 fibrosis and nephrotic syndrome in JEB with deficiency of the integrin  $\alpha 3$  subunit,<sup>11</sup>  
30 connective tissue abnormality in patients with *PLOD3* gene mutation,<sup>12</sup> or nephrotic  
31 syndrome in patients with CD151 deficiency.<sup>13</sup> For detailed descriptions of the clinical  
32 features of EB, original and review articles are available.<sup>6-8,14,15</sup>  
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### 39 **Molecular basis of EB**

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41 In EB, mucocutaneous fragility results from decreased resilience of the structures  
42 which confer mechanical stability to the epidermis (keratin cytoskeleton, desmosomes)  
43 and to the cutaneous basement membrane zone (BMZ) (hemidesmosomes, focal  
44 adhesions, anchoring filaments and anchoring fibrils) (Figure 1). These multimolecular  
45 suprastructures link the keratinocytes to each other, the basal keratinocytes to the  
46 underlying basement membrane, and the basement membrane to the underlying  
47 connective tissue. Disease-causing variants in at least 21 different genes account for the  
48 genetic and allelic heterogeneity of EB (Table 2). These genes encode proteins which  
49 mainly play structural roles; their major characteristics, expression pattern and functions  
50 are summarized in the Supplementary Table 1.  
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## 57 **7. Laboratory diagnosis of epidermolysis bullosa**

### 58 **Types of laboratory referral**

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3 This guideline provides the steps in making an accurate diagnosis in case of clinical  
4 suspicion of EB. It is therefore recommended that laboratories consider the testing  
5 criteria formulated and agreed by these guidelines. However, there are vast variations  
6 and differences among EB clinical and diagnostic centres around the world with respect  
7 to the diagnostic equipment and methods available, and also between the national  
8 health system regulations governing rare disease care and genetic testing, and  
9 reimbursement for these services. Therefore, one single guideline at this stage may not  
10 be able to cover all aspects related to laboratory diagnosis of EB. Such situation(s) may  
11 require EB clinicians and diagnostic scientists to make a reasonable adjustment, provided  
12 that such adjustment does not deviate from this guideline significantly.  
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### 19 **Neonate with skin fragility**

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21 ✓ A newborn baby showing congenital absence of skin, blistering or skin fragility should  
22 be referred to an EB diagnostic centre for diagnosis as soon as possible. In addition to a  
23 blood sample for the extraction of genomic DNA, a skin biopsy should be taken from the  
24 patient. The confirmation of diagnosis can be achieved (i) by using the skin biopsy  
25 for immunohistochemistry (IHC) with fluorescence labelled secondary antibodies  
26 (immunofluorescence mapping (IFM)); or (ii) by skin ultrastructure examination by  
27 transmission electron microscopy (TEM); or (iii) by direct genetic testing, which is  
28 dependent on the facility and resource availability in the diagnosis centre. In some  
29 cases, all three approaches are necessary. Although genetic testing can make a  
30 definite diagnosis and its turnaround time is progressively shortening, IFM can provide the  
31 diagnosis within hours, thus ensuring appropriate neonate management. While this will  
32 undoubtedly change in the coming years, IFM still remains the first method of choice.<sup>16</sup>  
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### 41 **Paediatric and adult patient with skin fragility**

42  
43 ✓ As the presentation of clinical manifestations may become clearer with a patient's age,  
44 any paediatric and/or adult patient with skin fragility who has already developed  
45 typical manifestations of the EB subtype can be referred directly to a diagnostic centre  
46 for genetic testing. Dependent on situation the method chosen can be next generation  
47 sequencing (NGS) or Sanger sequencing (SS). If both methods fail to provide  
48 diagnosis, IFM and EM may help to understand the molecular and ultrastructural basis  
49 of skin fragility. The details of this part will be discussed later in this guideline.  
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### 54 **Carrier testing**

55  
56 ✓ An EB patient's biological parents as well as biological siblings can be referred to a  
57 diagnostic centre to test for carrier status when the genetic sequence variant has been  
58 confirmed in the index case (**according to good clinical practice guidelines for  
59 genetic counselling**). Under the dominant condition of the disease, this can act as a  
60



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2  
3 'sequence variant confirmation'. The segregation of pathogenic variant(s)  
4 in the parents and other family members is important in understanding inheritance  
5 pattern (AR/AD/*de novo*) and the risk assessment for future pregnancies. Carrier  
6 screening for a person who is not connected to the patient through blood, or who is not  
7 from the same geographic area can be recommended.<sup>17</sup> According to the individual  
8 situation and national regulations, genetic testing of the partner should be performed after  
9 genetic counselling. Recurrence of the disease in the family is possible, even if the  
10 calculated risk is very low.<sup>18</sup>

### 16 **Prenatal diagnosis**

17  
18 ✓ When the carrier status of the familial sequence variant has been determined in  
19 both parties of an expecting couple, a DNA based prenatal testing can be offered to the  
20 couple upon their request. Some countries may have their specific  
21 local regulation and ethical requirements which need to be  
22 considered before a PND can take place. According to the national  
23 regulations, the test can be referred by a genetics counsellor (preferably with  
24 knowledge of EB) or a dermatologist specialised in EB. Referral for prenatal testing by  
25 linkage analysis would need to be discussed in detail with professionals in a genetic  
26 diagnostic centre; as such situation usually requires substantial tests and knowledge of  
27 the index case.

### 34 **EB laboratory diagnostic flow chart**

35  
36 In cases with skin fragility and blistering, standard histopathological evaluation and  
37 direct immunofluorescence of skin samples, microbiologic swabs and indirect  
38 immunofluorescence with patient's serum (and any other laboratory test required), are  
39 routinely indicated to rule out differential diagnoses of EB, such as  
40 infections (e.g. staphylococcal scalded skin syndrome, candidiasis, herpes simplex),  
41 autoimmune blistering disorders (e.g. bullous pemphigoid), mastocytosis or other  
42 genodermatoses (e.g. epidermolytic ichthyosis).

43  
44 If clinical features and family history are suggestive of EB, laboratory diagnosis is  
45 always indicated, after informed consent is given by the patient, parents or the  
46 caregivers (as shown in Figure 2).

47  
48 ✓ Ideally, both genetic testing and IFM should be performed to allow complete  
49 molecular characterisation of EB, both at the DNA and protein level. These methods  
50 provide complementary information that enables prediction of the consequences of novel  
51 sequence variants and genotype-phenotype correlations.

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53 ✓ However, the benefit for people with EB and their families, the availability of different  
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3 methods, the national regulations and economic factors must be considered when EB  
4 laboratory diagnosis is planned. Prioritisation of strategies can shorten the time to  
5 diagnosis and save resources but requires expertise of the clinicians and of the diagnostic  
6 scientists (Table 3). In a clinical diagnostic setting, the following main prioritisation  
7 strategies of EB laboratory diagnosis can be considered:  
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- 10  
11 • In neonates, IFM should be the first diagnostic step since it delivers rapid results.  
12 In parallel, genetic testing should always be performed.
  - 13  
14 • In cases with characteristic clinical features, include localised dominant EBS or  
15 DEB for which IFM will frequently not deliver a useful result, genetic testing by  
16 NGS or SS can deliver a final diagnosis.
  - 17  
18 • In EB (sub) types with genetic heterogeneity or in cases with uncharacteristic  
19 findings, without clear candidate gene, genetic testing by NGS is recommended.
- 20  
21 ✓ If pathogenic variants are detected in the index case, the parents should be  
22 tested to determine the pattern of inheritance. Other family members can be tested to  
23 confirm segregation and allow genetic counselling.
- 24  
25 ✓ If no pathogenic variant(s) are detected in the index case, the diagnostic algorithm  
26 must be adapted as described below.  
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### 33 **Genetic testing for EB**

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35 The pathogenic sequence variants will provide clarity for the definitive diagnosis,  
36 prognosis, and inheritance for the patient with EB and his/her family, and is therefore  
37 essential. Moreover, it is the basis for the risk calculation of having an affected offspring in  
38 the same generation by the same biological parents of the proband or his/her offspring  
39 being affected. Furthermore, it provides the basis for genetic prenatal or pre-implantation  
40 diagnosis in subsequent pregnancies. With upcoming protein, RNA and genomic DNA  
41 targeted therapies, finding the causative pathogenic sequence variant becomes even  
42 more important for personalised precision medicine. Therefore, every patient with  
43 established or suspected diagnosis of EB is recommended to undergo genetic testing  
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45 **(level of evidence 2++, grade of recommendation B).**  
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50  
51 EB genetic diagnosis is recommended to be performed in laboratories with  
52 documented expertise in the field, preferably accredited (e.g. by ISO 15 189 and 17  
53 025 standards Organization for Economic Co-operation and Development guidelines or  
54 CLIA certified), and participating in External Quality Assessment programs (e.g. EMQN  
55 for SS or NGS) **(level of evidence 4, grade of recommendation D).**  
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### 60 **Methods**

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3 Genomic DNA isolated from peripheral- blood leukocytes (EDTA-treated), saliva or  
4 by buccal smear from patients and their parents is analysed. A brief summary on  
5 currently used genetic testing methods is provided here to allow understanding of the  
6 guideline; a detailed description of these techniques is beyond the scope of this article.  
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### 9 *NGS targeted gene panel and whole exome sequencing in EB*

#### 10 **(Level of evidence 2++, grade of recommendation B)**

11  
12 The term NGS describes the techniques used to analyse several genes and a large  
13 number of DNA samples in parallel using high-throughput technology. NGS can be  
14 applied to only sequence defined DNA targets (e.g. targeted gene panels) or to  
15 sequence entire exomes (WES), genomes (whole genome sequencing, WGS) or  
16 transcriptomes (RNA-Seq), followed by post-test filtering. Recently, NGS has been  
17 proved to be one of the most important tools for accurately and  
18 comprehensively identifying pathogenic variants in EB.<sup>3,19–24</sup>

19  
20 Supplementary Table 2 summarizes the pros and cons of different genetic testing  
21 approaches. NGS platforms and subsequent data reporting are recommended to be in  
22 accordance with the guidelines published by the European Society of Human Genetics,<sup>25</sup>  
23 as well as by Human Genome Variation Society (HGVS).<sup>26,27</sup>

24  
25 In EB (sub) types with genetic heterogeneity, in cases without a clear candidate  
26 gene, or with several candidate genes, or in cases when SS was the first chosen method  
27 and did not identify the pathogenic variant, targeted NGS with the 21 known EB  
28 genes or WES with targeted filtering for EB genes is recommended (**level of  
29 evidence 2++, grade of recommendation B**).<sup>19–24,28</sup> Subsequently, confirmation of  
30 novel pathogenic variants found this way should be performed by SS (**level of  
31 evidence 4, grade of recommendation D**). Recent data showed that in clinically  
32 unaffected parents, mosaicism may be detected by NGS more often than expected  
33 (depending of the coverage of the NGS platform), which has important impact on  
34 genetic counselling.<sup>29</sup> The advantage of targeted EB gene panels is that it obviously has a  
35 much higher coverage per gene and base. However, current WES platforms should  
36 also provide sufficient coverage per gene and base to provide accurate results, but it is  
37 recommended to confirm this in individual laboratories. The regions where coverage is  
38 not reaching recommended values (at least 95% of bases more than 20x) should be  
39 analysed separately by SS. Finally, the power of WES in finding new genes as well as  
40 multi-genes mutations in EB patients has been demonstrated.<sup>12,19,30–33</sup>

### 41 *Sanger sequencing*

#### 42 **(Level of evidence 2++, grade of recommendation B)**

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3 Direct bidirectional SS has been the first diagnostic method for identifying the  
4 pathogenic variants in EB. All over the world, similar Sanger-based protocols have been  
5 successful for disclosing causative pathogenic sequence variants in EB genes.<sup>11,34–43</sup>  
6 Polymerase chain reaction (PCR) products (300–600 base pairs in size) are generated  
7 by using gene-specific primer pairs (sequences have been published for EB genes)  
8 covering the coding region and the exon–intron boundaries. Subsequently these are  
9 examined by SS.  
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14 Direct SS is a rapid and cost- and time-effective method for: (i) genetic testing of  
15 small known candidates genes, (ii) carrier identification when the family's pathogenic  
16 variant is known, (iii) prevalent founder/ethnic pathogenic variant screening with  
17 remarkable impact in highly consanguineous populations associated to different EB  
18 genes,<sup>34,36,37,40,44</sup> (iv) confirming pathogenic variants identified using other genetic  
19 techniques as recommended by The American College of Medical Genetics and  
20 Genomics (ACMG),<sup>45</sup> and (v) PND.<sup>46,47</sup>  
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## 26 **Results and interpretation**

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28 ✓ There is strong evidence that both NGS and SS-based approaches are able to identify  
29 the pathogenic variants in the majority of EB cases (**level of evidence 2++**, **grade**  
30 **of recommendation B**). Independent of the pathogenic variant detection technique the  
31 interpretation of genetic findings should correlate with the clinical and skin biopsy  
32 findings. Variants should be named according to the HGVS ([www.hgvs.org](http://www.hgvs.org),  
33 <http://varnomen.hgvs.org/>) recommendations with the proper reference sequence  
34 mentioned (RefSeq).<sup>48</sup> The variant name should be checked online using Mutalyzer  
35 service (<http://www.humgen.nl/mutalyzer>).  
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41 Once a sequence variant is detected, it needs to be thoroughly evaluated in order to  
42 conclude its pathogenicity. It is recommended to classify all variants according to  
43 guidelines published by the ACMG.<sup>45</sup> In 2015, ACMG elaborated standards and  
44 guidelines for the interpretation of sequence variants, which provide a step-by-step  
45 procedure for consistent variant classification (Supplementary Table 3). The scoring  
46 system enables separation of variants into five classes – 1. benign, 2. likely benign, 3.  
47 uncertain significance (VUS), 4. likely pathogenic, and 5. pathogenic - based on:  
48 frequency in the population, probands' parents testing, *in silico* predictive bioinformatic  
49 tools (Supplementary Table 4), co-segregation with disease in more than one pedigree  
50 and functional experimental evidence for the consequences on mRNA and protein level.  
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57 Genetic testing could identify one or more variants previously reported as “pathogenic”  
58 in databases (HGMD: [www.biobase-international.com/product/hgmd](http://www.biobase-international.com/product/hgmd); CLINVAR:  
59 <https://www.ncbi.nlm.nih.gov/clinvar/>, and/or disease-specific or locus-specific databases  
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3 www.deb-central.org<sup>38,49</sup>, www.interfil.org<sup>50</sup>,  
4 https://grenada.lumc.nl/LOVD2/mendelian\_genes/home.php?select\_db=FERMT1<sup>51</sup>), in  
5 which case interpretation is relatively straightforward. A clear positive result will be  
6 considered when the pathogenic variant(s) co-segregate(s) with the disease following AR  
7 or an AD inheritance pattern, as confirmed in the parents and/or other available family  
8 members.  
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12  
13 ✓ To prevent confusion about inheritance pattern definition, in particular  
14 when the patient is the first affected in the family, it is recommended to  
15 test both parents for carrier status. Transmission of the information on the pathogenic  
16 variant and genetic counselling to the patient/parents should be done by an expert,  
17 preferably a combination of a clinical geneticist and dermatologist, according to  
18 national regulations (**level of evidence 4, grade of recommendation D**).  
19  
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21

22  
23 If a VUS is detected, interpretation of the results requires segregation analysis,  
24 predictive bioinformatics and additional analyses at the mRNA and protein levels. As  
25 more variants in EB genes are being identified their disease-causing role must be  
26 interpreted in a clinical context, or if possible, by gene expression and functional studies. In  
27 such situations IFM provides valuable information on the consequences of genetic variants  
28 at the protein level, and biomaterial for further studies. In a research setting, new  
29 variants potentially affecting splicing should be confirmed for their  
30 consequences at mRNA level. RNA-Seq has been proved to be a reliable tool  
31 for identification of splicing errors.<sup>52</sup> Finally, homozygosity mapping provides  
32 a tool for screening and evaluating homozygous recessive VUS in  
33 consanguineous families.<sup>53–55</sup>  
34  
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40

#### 41 **Limitation and uncertainty**

42  
43 One of the major disadvantages of SS is that the pre-selection of a candidate gene  
44 is mandatory (Table 3). Even though this would be the scenario, there is a percentage  
45 of cases not resolved by SS in most EB subtypes, up to 25% for instance in EBS.<sup>56</sup>  
46 SS is unable to detect large insertion/deletion variants, deep intronic or regulatory  
47 pathogenic variants located in uncovered regions and/or at low levels of mosaicism;  
48 these are frequently the reasons that no variant is found.<sup>34,35,41,57–61</sup> The use of  
49 complementary phylogenetic analyses and other genetic techniques has been the  
50 classical approach to circumvent these SS limitations. Digenic inheritance,<sup>33,38,39</sup> as well  
51 as a growing number of EB-causative genes, need to be added to the genetic  
52 complexity of EB, and these will be missed by single gene SS. Finally, postzygotic  
53 (somatic) mosaicism for a *de novo* pathogenic variant may remain undetected with SS, and  
54 requires NGS with higher read coverage.  
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3 When no pathogenic variant is found with SS or targeted NGS, the diagnosis should be  
4 re-evaluated. If SS and NGS do not detect the disease-causing variant in a strong  
5 candidate gene (suggested either by clinical, IFM or TEM findings), additional techniques to  
6 exploit, are multiplex ligation-dependent probe amplification (MLPA), RT-PCR,  
7 quantitative real-time PCR (qPCR), RNA-Seq, SNP arrays or Western blotting to  
8 gain evidence for larger rearrangements, splicing alterations, chromosomal  
9 rearrangements, gene expression alterations<sup>59</sup> (**level of evidence 2++, grade of  
10 recommendation B**).

11  
12 Open exome analysis (WES without targeted filters), of which a clinical exome could be  
13 the first step in screening all other disease-associated genes (preferably in trio with the  
14 parents' DNA), may be done in cases where candidates have been ruled out with the  
15 techniques described above (**level of evidence 2+, grade of recommendation C**).

16  
17 Especially with the unbiased, hypothesis-free WES, WGS and RNA-Seq, the major  
18 challenge will be the interpretation of all available data or 'how to locate the needle in the  
19 hay-stick' (noise). This requires robust and reliable data analysis pipelines that are  
20 commercially available or can be built in-house. The latter approach necessitates a  
21 dedicated bioinformatics division, which at present is not available to most diagnostic  
22 service labs. However, with the ongoing progression of DNA-diagnostics and generation  
23 of terabytes of data per patient, it is predicted that bioinformatics will become an  
24 increasingly important specialty for the diagnostics of the very rare molecularly unsolved  
25 patients with EB. Taken together, such analyses will mostly be done in a research  
26 setting; international collaboration in these cases is recommended (**level of evidence 4,  
27 grade of recommendation D**).

## 41 Immunofluorescence mapping

42  
43 (**Level of evidence 2+, grade of recommendation C**)

44  
45 Immunofluorescence mapping (IFM, also called antigen mapping) on frozen sections is  
46 a rapid technique for EB subtype diagnosis which is also feasible in resource-limited  
47 settings.<sup>62</sup> Variations of this technique include using different panels of antibodies or  
48 different IHC detection methods.<sup>62-65</sup> IHC on frozen sections, is possible,<sup>62</sup> but requires  
49 nearly the same equipment as IFM excluding the need of a fluorescence microscope. In  
50 formalin-fixed, paraffin-embedded samples antigen loss is a major problem for most  
51 molecules of interest for EB diagnosis, and it is therefore not recommended. Nevertheless,  
52 a high sensitivity and specificity can be reached at very low costs using two antibodies  
53 (anti-keratin and anti-type IV collagen) on paraffin embedded sections.<sup>65</sup> H&E staining may  
54 be useful in resource-limited situations.<sup>66</sup>

### Biopsy samples

✓ For the diagnosis of EB by IFM, a 4 to 6 mm punch or shave cutaneous biopsy sample is necessary. In general, it is recommended to take the biopsy from an area of the body which is not exposed to the sun (i.e. inner part of the upper arm), as skin exposed to the sun may create non-specific background fluorescence, thus interfering with the interpretation. Application of a topical anaesthetic cream before taking the biopsy may induce artificial skin cleavage.<sup>67,68</sup> The biopsy should include perilesional (clinically normal appearing) skin as well as a small part of a fresh blister (less than 12 hours) (Supplementary Figure 1a). If no fresh blister is present, a new blister can be induced by rubbing the patient skin adjacent to a lesional area until it becomes red or blistered.<sup>69-72</sup> An alternative method to induce a new blister after taking the biopsy is by suctioning the epidermal side of the biopsy with a 20-ml- syringe until a macroscopic blister appears.<sup>73</sup> However, the quality and reliability of this technique has not been validated in additional publications. Usually the skin of EB patients is extremely fragile and the trauma of the biopsy may by itself lead to dermo-epidermal separation.

### Handling of biopsy samples

✓ The biopsy sample for IFM can be either snap frozen in liquid nitrogen, or placed in Michel's medium<sup>74,75</sup> (Supplementary Table 5) and stored at room temperature until use or shipment. The samples stored in this medium can be sent worldwide to any specialised laboratory.<sup>76</sup> It is though advisable to ship them as soon as possible to the reference laboratory as signs of epidermal cell cytolysis have been observed after just 48 hours. Samples which are frozen in Michel's medium are deemed unusable for analysis purposes. Alternatively, samples can be shipped frozen in dry ice. Shipment in sterile saline, in Dulbecco's Modified Eagle Medium or in RPMI-1640 medium is also possible (with arrival to the EB diagnosis centre within 1-3 days, since artificial junctional cleavage and other artefacts may occur).

### Method

✓ A series of 4 to 6  $\mu\text{m}$  thin cryocut sections from patient's skin and a normal (healthy) human skin (NHS) samples are used for IFM (Supplementary Figure 1b). A standard IFM protocol is provided in Supplementary Table 6. Depending on the availability of primary antibodies in different countries, we recommend performing the IFM with at least a minimum number of antibodies, one antibody for each main type of EB as well as with an antibody for type IV collagen to determine the level of blistering<sup>64,69,71</sup> (Supplementary Table 7). The routine internal positive control for each antibody is represented by the simultaneous labelling on the same slide of NHS sections; one section each from NHS and patient's sample for each secondary

antibody without primary antibody is recommended as negative control for the staining method.

### Results and interpretation

IFM allows for the visualisation of the cleavage level in the blister of the patient's skin relative to the protein markers used. The presence of a detectable and consistent cleavage plane within the skin allows the diagnosis of the major EB type (Table 2, Supplementary Figure 1c). Briefly, type IV collagen can be used as a marker to delineate the plane of cleavage, as it is never affected in EB. Staining of type IV collagen to the floor of the blister is indicative of a junctional or an intraepidermal blister, whereas staining to the roof defines a dermal blister. In EBS, the cleavage occurs in the epidermis, either within the basal cell layer or above. An irregular keratin 14 labelling surrounding unstained areas is indicative of (micro) blistering within the basal cell layer. In KS, the plane of cleavage is variable. It can be intraepidermal, junctional or dermal, or can occur at multiple levels in the same specimen. Broad reticulated staining of type IV collagen, laminin-332 and type VII collagen can be seen in KS.

The IFM staining result of NHS is compared to the IFM pattern and staining intensity of the patient's skin. This permits assessment of the presence, absence or reduced/altered expression of different proteins analysed in the skin of the patient. Absent or reduced/altered expression of specific antigens (desmoplakin, plakoglobin, plakophilin 1, CD151, keratin 14, plectin, BPAG1, exophilin 5, laminin-332, type XVII collagen, integrin  $\alpha 6\beta 4$ , integrin  $\alpha 3$  subunit) is distinctive of specific EB types/subtypes. These findings also have prognostic value since absence of specific proteins (e.g. type XVII collagen, laminin-332, type VII collagen) is associated with severe phenotypes, while residual expression is associated with a milder clinical course. (reviewed in <sup>14</sup>)

Lack of blistering and/or normal expression of tested antigens, can be inconclusive and preclude a diagnosis of EB type/subtype. In such cases TEM findings, if available, can be helpful for evaluation, and genetic testing should be carried out. In specific cases, the clinical EB diagnosis should be reconsidered.

Sensitivity and specificity of IFM has been compared to TEM<sup>77,78</sup> or evaluated in relation to clinical diagnosis in a few case series of patients with all types of suspected EB.<sup>62,73,79</sup> Only in two of these studies the internal reference standard was genetic diagnosis.<sup>62,77</sup> Of note, the only prospective study, which used genetic testing as an independent standard criterion to measure the diagnostic accuracy of each test, reported that IFM is more sensitive and specific than TEM, though the difference did not reach statistical significance due to insufficient number of samples evaluated.<sup>77</sup>

✓ If genetic testing identifies VUS, or no pathogenic variants in EB associated genes



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3 are found, alterations in the immunostaining pattern and intensity may provide valuable  
4 information on the affected protein.<sup>80,81</sup> Moreover, in such situations, obtaining  
5 keratinocytes and/or fibroblasts from a patient's skin sample enables expression and  
6 functional studies.  
7  
8

### 9 10 **Limitations and uncertainty**

11  
12 There are few limitations of IFM applied to EB diagnosis: (i) the presence of artificial splits  
13 or protein degradation or a sample denuded of epidermis, due to inappropriate sampling,  
14 transport and storage can be confusing; (ii) the absence of blisters in sample sections and  
15 a normal immunoreactivity to the various markers tested are frequent in cases of mild  
16 skin fragility such as with localised EBS or DEB; (iii) changes in the expression  
17 pattern and intensity may be observed with multiple markers making interpretation  
18 difficult; (iv) using an extended IFM panel can make the test expensive particularly in  
19 resource limited settings; (v) using an IFM panel with a limited number of antibodies  
20 can lead to an erroneous interpretation of the results and inconclusive or even incorrect  
21 diagnosis.  
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### 28 **Electron microscopy**

#### 29 **(Quality of evidence 2+, grade of recommendation C)**

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32 Electron microscopy led to the initial classification of EB into three major types -  
33 simplex, junctional and dystrophic - based on the precise level of tissue separation.<sup>82-84</sup>  
34  
35

#### 36 **Method**

37  
38 When a biopsy for TEM is planned, the criteria for the choice of the skin biopsy site and  
39 the method used to acquire it, are the same as described for IFM.<sup>85</sup> The skin sample  
40 should be immediately immersed in an appropriate fixative for TEM, which usually  
41 contains both glutaraldehyde and formaldehyde (e.g. Karnovsky's fixative) and is suitable  
42 for sample shipment. Subsequent processing for TEM examination comprises cutting  
43 the sample into small pieces (0.5 to 1 mm thick), followed by further fixation, post-fixation  
44 in osmium tetroxide, dehydration, epoxy resin embedding, and semithin section  
45 preparation according to standard TEM methods. Light microscopy examination of  
46 semithin sections will permit the selection of both fields containing blistering areas and  
47 intact skin for ultrathin sections preparation and examination.  
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#### 54 **Results and interpretation**

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57 TEM examination allows the definition of the blister level within the skin to be defined  
58 as detailed in Table 2. Interpretation of TEM analysis requires a deep knowledge of  
59 epithelial cell-cell and cell- matrix adhesion structures and their appearance in normal and  
60

1  
2  
3 EB skin.

4  
5 Under skin ultrastructure, the cleavage occurs: (i) within the epidermis in EBS, (ii) at the  
6 level of the lamina lucida of the cutaneous BMZ in JEB, (iii) below the lamina densa of the  
7 BMZ in DEB, and (iv) at multiple levels in KS.<sup>6</sup>  
8  
9

10 Overall the most common EBS subtypes are due to sequence variants in the keratin 5  
11 and 14 genes, where the cleavage is within the cytoplasm of the epidermal basal cells,  
12 usually beneath the nucleus.<sup>85</sup> Additional specific findings in these EBS subtypes include:  
13 (i) aggregation and clumping of keratin tonofilaments within the basal keratinocytes,  
14 regularly detected in both lesional and perilesional skin in EBS generalised severe<sup>86</sup>  
15 and in some cases of EBS with mottled pigmentation,<sup>87</sup> and (ii) lack of keratin  
16 tonofilaments in basal keratinocytes in recessive EBS due to *KRT14* sequence  
17 variants.<sup>88,89</sup> The ultrastructural characteristics of rare EBS subtypes are described in  
18 Table 2.  
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25 Separation is through the lamina lucida of the BMZ in JEB subtypes due to  
26 pathogenic variants in the genes encoding for laminin-332,  $\alpha 6\beta 4$  integrin, or type XVII  
27 collagen.<sup>85,90–95</sup> Of note, pathogenic variants in type XVII collagen and the  $\beta 4$  integrin  
28 subunit can exceptionally be associated with an intraepidermal cleavage,<sup>96,97</sup> and the  
29 split is usually undetectable in JEB-laryngo-onycho-cutaneous syndrome.<sup>98</sup> JEB  
30 hemidesmosomes are usually hypoplastic and reduced in number, although they can  
31 appear normal in both structure and number, particularly in mild cases of JEB due to  
32 laminin-332 or type XVII collagen gene pathogenic variants.<sup>90,92–95,99,100</sup>  
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38 RDEB generalised severe shows rudimentary or absent anchoring fibrils, in addition to  
39 subepidermal blistering.<sup>85,101</sup> Variably hypoplastic anchoring fibrils are usually observed  
40 also in the other RDEB, and in dominant DEB subtypes. Finally, bullous dermolysis of the  
41 newborn is characterised by the presence of pathognomonic membrane-bound  
42 inclusions containing amorphous material and rod-like structures, named stellate bodies, in  
43 basal keratinocytes.<sup>102–104</sup>  
44  
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48 The cleavage plane in KS may vary, being located either within the epidermis or the  
49 lamina lucida or beneath the lamina densa, with multiple separation levels frequently  
50 visible in the same specimen. Other characteristic findings include extensive  
51 reduplications of the lamina densa.<sup>105</sup>  
52  
53  
54

55 As discussed earlier regarding the limitation of IFM and TEM, when neither blistering  
56 nor any typical finding can be detected by both IFM and TEM examination, genetic  
57 testing should be performed.  
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✓ TEM is at present still an important method for the early diagnosis of a limited

number of EB subtypes, in particular EBS generalised severe, autosomal recessive EBS caused by *EXPH5* or *DST1e*, and, possibly, bullous dermolysis of the newborn. In these subtypes, IFM may not be able to provide clear result. Thus, the early detection of specific ultrastructural features has direct prognostic and management implications.

✓ In cases in which VUS or no clear pathogenic variants are identified by genetic testing, TEM may provide valuable information on the underlying ultrastructural anomalies.<sup>59</sup>

### Limitations and uncertainty

TEM is a more expensive, labour-intensive and time-consuming method than IFM. It requires both highly skilled technical work for specimen processing and preparation, and specific expertise for their observation and interpretation, thus resulting in TEM for EB diagnosis being performed in a limited number of centres. In addition, in several EB subtypes there are no specific ultrastructural findings and TEM does not allow direct identification and quantification of the defective protein. When blistering or adhesion structure abnormalities are not present or detectable in a TEM specimen such as with localised EBS or very mild DEB subtypes, TEM findings can be inconclusive. Finally, the determination of subtle abnormalities of epithelial adhesion structures can require morphometric analysis which is not feasible in a routine diagnostic setting.

### Reporting scenarios

✓ When issuing the report, it should include as much patient information as possible, as it is often the case that the EB patient is under the care of different medical professionals in diverse locations or facilities. The reason for referral should be re-stated, which at least specifies the type of test that was requested, e.g. diagnostic, carrier, or prenatal test. Reference to the laboratory tests carried out must include brief mention of the method(s) used and details of what was tested. According to the settings in different EB diagnostic centres, the report can be issued by a laboratory scientist or consultant dermatologist, or sometimes by both. The report should only be send to the referral physician, and the responsibility of the staff involved in the reporting should be clearly indicated.

### Report for genetic testing

✓ The genetic testing report must provide a full and clear interpretation of the results, as the report may be read by a variety of professionals involved in the care of the patient, many of whom may not be familiar with genotyping results. It is also recommended to use HGVS nomenclature. For point sequence variants, the sequence change should be stated at the DNA level (assuming it has been characterized in DNA), and as predicted in the protein. Also for clarity it is useful to state in words what the change is, and its

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3 predicted effect. In addition, the paternal/maternal origin of the sequence variant, or its  
4 *de novo* occurrence should be specified. In all mutation reports, it is essential to quote the  
5 accession number of the gene reference sequence which has been used in classifying  
6 the mutation. When reporting a deletion or duplication, the report must clearly convey  
7 whether the end points of a deletion or duplication have been determined. The report  
8 should always mention that genetic consultation is recommended and that screening  
9 for relatives is possible. Whenever appropriate carrier risk and risk for having affected  
10 offspring should be calculated.<sup>106</sup> If no clear diagnosis can be made from the evidence  
11 available this must be clearly stated in the report (ACMG guidelines).

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18 a) Mutation analysis

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20 ✓ The report must state that the presence of the pathogenic variant confirms, or is  
21 consistent with the diagnosis. The report must also clearly indicate if the variant(s) in  
22 the gene have previously been reported to cause the disease. For the report of VUS, the  
23 variant(s) may need to be discussed in relation to the variant database such as GnomAD,  
24 ExAc and ClinVar. For a negative result, the report should clearly indicate that 'No clear  
25 pathogenic sequence variant was detected' and conclude that 'The clinical diagnosis of  
26 EB has not been explained at the molecular genetic level in this patient'. The report  
27 should also state the technique limitations, as well as the limitations in current  
28 understanding of the clinical manifestations of the disease. Depending on the local  
29 situation, the report may offer carrier testing and/or prenatal testing to the family,  
30 and/or suggest referral for genetic counselling.

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37 b) Carrier testing

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39 ✓ If the pathogenic variant is confirmed, the report should clearly state that the variant  
40 found in this individual is identical to the variant determined from the index case in the  
41 family, therefore this individual is a carrier for this variant. Suggestion for genetic  
42 counselling and PND can also be made at this stage.

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47 c) Prenatal diagnostic (PND) report

48  
49 ✓ The implication of the pathogenic variant present or absent in the PND must be  
50 clearly stated and whether the foetus is clinically affected or unaffected must also be  
51 clearly stated. According to the local regulation, it should be stated if the foetus is a  
52 carrier or not. The test results for maternal contamination also need to be clearly stated  
53 to further confirm the validity of the result. According to local regulation, the sex of the  
54 foetus can be indicated in the report if the person who requests the report feels such  
55 information might be of interest.

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60 In addition to the aforementioned details of a report, when NGS analysis has been

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2  
3 performed, the report must also include a list of genes tested within a particular panel.  
4 All variants reported need to be annotated according to HGVS nomenclature. The  
5 transcript being used for providing c. and p. nomenclature and exon numbering should  
6 be provided in the report.  
7  
8

### 9 **Report for IFM**

10  
11 ✓ The report for IFM should include a list of the primary antibodies used, the  
12 expected staining pattern and the strength of signal observed in normal control skin for  
13 each antibody, compared with the staining pattern and signal strength in patient skin.  
14 A clear conclusion should be made from these observations when the result is conclusive.  
15 However, IFM may sometimes lead to an unclear or inconclusive result such as 'no  
16 significant difference has been observed between normal control skin and patient skin,  
17 and no blister formation'. In these cases, the report should suggest the possibility of further  
18 tests, or a differential diagnosis.  
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### 25 **Report for TEM**

26  
27 ✓ The report for TEM is usually done only with patient skin. This should include a semi-  
28 thin section finding description. The report of ultrastructural findings should concern  
29 the entire epidermis, from the horny layer to basal keratinocytes, and all the structural  
30 components of the cutaneous BMZ, from the hemidesmosomes with tonofilament  
31 attachment to anchoring filaments and anchoring fibrils. The conclusion should include  
32 whether the patient is affected with EB, which type and, if defined, which subtype, and  
33 what would be the next test in order to reach a final confirmation. Alternatively, the report  
34 should specify that the results are not conclusive and further test to be performed.  
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## 40 **8. Recommendations for EB laboratory diagnosis**

41  
42 Table 1 summarizes the recommendations for EB laboratory diagnosis with the levels  
43 of evidence and grades of recommendations based on the appraised literature.  
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45

## 46 **9. How does the guideline work in practice**

47  
48 As this guideline is intended for international use, it is not possible to formulate a strategy  
49 for its implementation in all clinical centres. However, the activities of DEBRA  
50 International will aid in the dissemination of the guidelines and facilitate adoption by  
51 the proposed user groups. These guidelines will be translated into other languages and a  
52 patient version will be made to aid accessibility. DEBRA International would value  
53 feedback on the guideline so they can continue to improve its quality and impact.  
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58  
59 Two examples of how to use the guideline in practice are given below. They illustrate  
60 the limits, advantages and complementarity of the methods, as well as the crucial role of

laboratory diagnosis in EB for outcomes such as prognostication, decision making, genetic counselling and PND. An example of a scientific report for Case 1 is provided as a Supplementary document, and the flow chart applied to Case 2 is illustrated in the Supplementary figure 2.

### Case 1

**Type of referral:** At disease onset, at birth

**Clinical information:** Female newborn with congenital skin defects on upper and lower limbs, mechanically induced skin blisters and milia. Family history was negative, parents were not related.

**IFM:** A skin biopsy was performed on the second day of life and analysed by IFM with an extended panel of 18 antibodies to proteins of the BMZ.<sup>64</sup> Result: no skin cleavage, all markers stained comparable to the normal skin. TEM was not available.

**Genetic testing:** Genetic testing was performed with a targeted EB gene panel.<sup>20</sup> Result: *KRT5* (NCBI RefSeq NM\_000424.3) c.548T>A, p.Ile183Asn, in a heterozygous state. This is a pathogenic variant previously reported in individuals with autosomal dominant EBS<sup>39</sup> (class 5 according to ACMG). Genetic testing by SS excluded this pathogenic variant in the parents' DNA.

**Diagnosis:** EBS caused by a *de novo* monoallelic *KRT5* pathogenic variant. Based on clinical manifestations EBS was classified as severe generalised.

**Comment:** IFM was performed in the first days of life. It was not conclusive but excluded severe types of JEB and DEB, and recessive EBS. TEM was not available. In the absence of a candidate gene, genetic testing was performed by a targeted EB gene panel at the age of 3 months and enabled the diagnosis of EBS due to a *de novo* *KRT5* pathogenic variant. Since the girl was still in a life-threatening condition, the diagnosis was important for prognosis, decision making and genetic counselling for the parents.

### Case 2

**Type of referral:** An adult female at the age of 38 years, genetic counselling and PND envisaged for an eventual pregnancy.

**Clinical information:** Skin fragility manifestations at the age of 1 year, with pretibial and feet blistering, milia, dystrophic toenails and later loss of several toenails (Supplementary Figure 2). Family history: one similarly affected sibling, parents not affected, not related and from separate geographical areas.

**IFM:** Skin biopsy performed at the time that the diagnosis was requested. Result: Skin cleavage at dermal level. Type VII collagen staining reduced, compared to the

1  
2  
3 normal skin (clone LH7.2).

4  
5 **Genetic testing:** Genetic testing was performed by direct bidirectional SS of *COL7A1*.  
6 Result: Two heterozygous *COL7A1* (NCBI RefSeq NM\_000094.3) variants were identified  
7 in both the patient and her sibling, and recessive inheritance was confirmed in the  
8 progenitors.  
9

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11  
12 *COL7A1*: c.6527dupC; p.Gly2177Trpfs\*113 in Exon 80 (paternal origin)

13  
14 *COL7A1*: c.6341G>A; p.Gly2114Asp in Exon 76 (maternal origin)

15  
16 Partner of Case 2: Non carrier of familial variants. Non carrier of frequently reported  
17 pathogenic variants in *COL7A1* exons 5, 23-25, 57-60, 76, 80-82, 105 and 106.

18  
19 The pathogenic variant c.6527dupC in exon 80<sup>107</sup> is the most frequent detected in  
20 Spanish<sup>108-110</sup> and Chilean<sup>111</sup> RDEB patients (class 5 according to ACMG).  
21

22  
23 The variant c.6341G>A in exon 76 was not previously reported, either as a  
24 pathogenic ([www.hgmd.cf.ac.uk/](http://www.hgmd.cf.ac.uk/); [www.deb-central.org/](http://www.deb-central.org/); [www.ncbi.nlm.nih.gov/clinvar/](http://www.ncbi.nlm.nih.gov/clinvar/)) or  
25 as a SNP (<http://exac.broadinstitute.org/>; [www.ncbi.nlm.nih.gov/snp](http://www.ncbi.nlm.nih.gov/snp); [www.ensembl.org/](http://www.ensembl.org/)). A  
26 variant rs1285959723 affecting the same codon is reported (c.6340G>C;  
27 p.Gly2114Arg) with a highest population minor allele frequency < 0.01 (1000 Genomes,  
28 ESP, Exact, gnomAD) for which clinical data are not available. The variant in exon 76  
29 co-segregates with the disease in the two affected siblings and was found in three other  
30 Spanish RDEB non-related cases (unpublished data of the laboratory). *In silico*  
31 pathogenicity was predicted by standard computational programs: PolyPhen-2  
32 (<http://genetics.bwh.harvard.edu/pph2/>: probably damaging, 0.999), Mutation taster  
33 (<http://www.mutationtaster.org>; disease causing, 0.999) and SIFT ([http://sift.bii.a-](http://sift.bii.a-star.edu.sg/)  
34 [star.edu.sg/](http://sift.bii.a-star.edu.sg/); affect protein function score 0.00). Moreover, pathogenicity is supported by  
35 the location of p.Gly2114 in the collagenous domain of type VII collagen, in a conserved  
36 Gly-X-Y repeat (class 5 according to ACMG).  
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46 **Diagnosis:** RDEB with reduced type VII collagen and compound heterozygous  
47 *COL7A1* pathogenic variants. Based on the clinical manifestations the subtype is pretibial  
48 RDEB.  
49

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51 **Comments:** *COL7A1* genetic testing was performed by direct bidirectional SS to  
52 identify pathogenic variants and enable counselling for an eventual pregnancy. Suspected  
53 dominant DEB due to a *de novo* pathogenic variant was discarded. Causative  
54 pathogenic variants support IFM results and clinical manifestation. The partner was also  
55 tested, and no pathogenic variant was disclosed. Genetic counselling was provided.  
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## 60 **10. Future research**

Based on the literature research and appraisal, future research is needed to address the following issues regarding EB laboratory diagnosis:

1. Sensitivity, time to diagnosis and costs per patient for different EB laboratory diagnostic methods
2. Preimplantation genetic diagnosis in EB
3. Non-invasive PND utilising cell-free foetal DNA in EB
4. Gene-specific data bases for interpretation of sequence variants, clinical trials and precision medicine
5. Inter and extra familial variability of the phenotype: co expression factors.

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## Appendix

### Levels of evidence

<b>1++</b>	High quality meta-analyses, systematic reviews of randomised controlled trials (RCTs), or RCTs with a very low risk of bias
<b>1+</b>	Well conducted meta-analyses, systematic reviews, or RCTs with a low risk of bias
<b>1-</b>	Meta-analyses, systematic reviews, or RCTs with a high risk of bias
<b>2++</b>	High quality systematic reviews of case control or cohort studies
	High quality case control or cohort studies with a very low risk of confounding or bias and a high probability that the relationship is causal
<b>2+</b>	Well conducted case control or cohort studies with a low risk of confounding or bias and a moderate probability that the relationship is causal
<b>2-</b>	Case control or cohort studies with a high risk of confounding or bias and a significant risk
<b>3</b>	Non-analytic studies, e.g. case reports, case series
<b>4</b>	Expert opinion



### Grades of recommendation made by the guideline panel

Grades	Descriptions
<b>A</b>	At least one meta-analysis, systematic review, or RCT rated as 1++, and directly applicable to the target population; or A body of evidence consisting principally of studies rated as 1+, directly applicable to the target population, and demonstrating overall consistency of results
<b>B</b>	A body of evidence including studies rated as 2++, directly applicable to the target population, and demonstrating overall consistency of results; or Extrapolated evidence from studies rated as 1++ or 1+
<b>C</b>	A body of evidence including studies rated as 2+, directly applicable to the target population and demonstrating overall consistency of results; or Extrapolated evidence from studies rated as 2++
<b>D</b>	Evidence level 3 or 4; or Extrapolated evidence from studies rated as 2+

Adapted from the SIGN 50 Guideline Developer's Handbook, NHS Scottish Intercollegiate Guidelines Network, revised edition January 2014.

### Table Good practice points

✓	Recommended best practice based on the clinical experience of the guideline development group
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Peer Review

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## Figures

**Figure 1. Schematic representation of intra-epidermal and dermo-epidermal adhesion structures with EB relevant proteins**

**Figure 2. Flow chart of EB laboratory diagnosis.** Schematic representation of the steps required for achieving molecular diagnosis of EB. Steps shown in green lead to a clear diagnosis of the EB type/subtype, while steps shown in red may require individualised strategies in a research setting.

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## Tables

**Table 1. Summary of key recommendations for EB laboratory diagnosis**

No	Recommendation	Grade of recommendation	Level of evidence	References
1	<b>We strongly recommend that an EB laboratory diagnosis should be performed; with the first clinical suspicion of EB an adapted diagnosis technique should be initiated.</b>	<b>C</b>	2+	20,22–24,28,34,62,77,79,112
2	Early diagnosis by IFM and genetic testing is sufficient to provide prognosis and help decision making in most cases.	<b>C</b> <b>B</b>	IFM: 2+ Genetic testing: 2++	20,62,77,79 22–24,28,34,112
3	DNA-based prenatal diagnosis is technically feasible for all EB subtypes and should be considered upon family request and according to the national regulations*.	<b>B</b>	2++	46,47
4	<b>We strongly recommend that EB laboratory diagnosis should be performed in laboratories with documented specific expertise and experiences in the field, preferably accredited.</b>	<b>D</b>	4	
5	<b>Genetic testing is always recommended for the diagnosis of EB.</b> The index case and, whenever possible, the parents should be tested in order to provide reliable genetic counselling and risk calculation for family members/offspring.	<b>B</b>	2++	22–24,28,34,112
6	<b>Methods for genetic testing in EB include:</b> NGS – targeted EB gene panel and WES, and SS. Additional methods to be applied in selected cases include SNP arrays for segregation analysis, MLPA, qPCR and RNA-Seq as well as homozygosity mapping in case of consanguinity in the families. Hot spot and recurrent pathogenic variants can be tested in specific situations (population, clearly defined phenotype) to reduce costs and time.	<b>B</b>	2++	20–24,28,34,112
7	<b>IFM</b> is recommended to obtain a rapid diagnosis and prognosis, and to prioritise genetic testing and to facilitate interpretation of genetic results.	<b>C</b>	2+	20,62,77,79
8	<b>TEM</b> is useful in a limited number of cases, and should be performed when IFM and genetic testing do not deliver conclusive results.	<b>C</b>	2+	77
9	If appropriate EB laboratory diagnosis yields inconclusive results, the original diagnosis and the diagnostic strategy should be re-evaluated and individualised strategies could be considered. In such cases further laboratory analyses imply additional expertise, high costs, and is time consuming. This cannot be assured by all laboratories. EB is a rare disorder, therefore external, national and/or international collaboration is recommended to help solve such cases.	<b>C</b>	2+	57,60,61,113,114
10	Results of the EB laboratory diagnosis should be communicated to the patient and family preferably by geneticists and dermatologists with experience in the field, and according to national rules/regulations. Genetic counselling is always recommended.	<b>D</b>	4	

Legend: \*, DNA based prenatal diagnosis is only possible when familial mutation is known

**Table 2. Classification and molecular characteristics of EB including genes, proteins and types of pathogenic sequence variants**

EB type / subtype	Gene Protein Inheritance	Level of skin cleavage and ultrastructural anomalies as assessed by TEM	Relative protein expression as assessed by IFM	Types of pathogenic sequence variants <sup>a</sup>
EB simplex	<i>KRT5</i> Keratin 5 AD	Cleavage: basal keratinocyte cytoplasm; tonofilament clumping always present in EBS generalised severe and in some cases of EBS with mottled pigmentation	Unchanged	Missense, nonsense, splice site, frame shift, in-frame (large) deletions/insertions
	<i>KRT14</i> Keratin 14 AD, AR	Cleavage: basal keratinocyte cytoplasm; tonofilament clumping in EBS generalised severe; lack of tonofilaments in basal keratinocytes in AR EBS	Unchanged or absent	Missense, nonsense, splice site, frame shift, in-frame deletion/duplications
	<i>PLEC</i> Plectin AD, AR	Cleavage: basal keratinocyte cytoplasm just above hemidesmosomes; diminutive hemidesmosomes.	Plectin unchanged or reduced with domain specific antibodies	Missense, nonsense, frame shift, splice site
	<i>KLHL24</i> Kelch-like protein 24 AD	Cleavage: basal keratinocyte cytoplasm; reduced tonofilaments in basal keratinocytes	Keratin 14 reduced or unchanged	Pathogenic variants in the translation initiation codon
	<i>DST</i> BPAG1 AR	Cleavage: basal keratinocyte cytoplasm; diminutive hemidesmosomes lacking tonofilament attachment	BPAG1 (isoform e) absent	Nonsense, missense, frame shift, splice site
	<i>EXPH5</i> Exophilin 5 AR	Cleavage: basal keratinocytes cytoplasm; tonofilament aggregation in basal keratinocytes	Exophilin 5 absent	Nonsense, frame shift
	<i>CD151</i> Tetraspanin 24 AR	Cleavage: lower epidermis	CD151 absent	Frame shift, splice site
	<i>TGM5</i> Transglutaminase 5 AR	Cleavage: between stratum granulosum and corneum	Absent or reduced activity/expression of transglutaminase 5	Missense, nonsense, frame shift, splice site
	<i>PKP1</i> Plakophilin 1 AR	Cleavage: suprabasal epidermal layers; hypoplastic desmosomes	Plakophilin 1 absent	Nonsense, frame shift, splice site
	<i>DSP</i> Desmoplakin AR	Cleavage: suprabasal epidermal layers; hypoplastic desmosomes	Desmoplakin reduced or absent	Nonsense, frame shift
<i>JUP</i> Plakoglobin AR	Cleavage: suprabasal epidermal layers; hypoplastic desmosomes	Plakoglobin absent	Nonsense	
Junctional EB	<i>LAMA3</i> , <i>LAMB3</i> , <i>LAMC2</i> Laminin-332 AR	Cleavage: lamina lucida; rudimentary to hypoplastic hemidesmosomes in most cases	Laminin-332 reduced or absent	Nonsense, frame shift, splice site, missense
	<i>COL17A1</i> Type XVII collagen AR	Cleavage: lamina lucida, very rarely within basal keratinocytes; hypoplastic hemidesmosomes in most cases	Type XVII collagen reduced or absent	Nonsense, frame shift, splice site, missense, large deletions
	<i>LAMA3A</i> AR	Cleavage: usually not detectable; hypoplastic hemidesmosomes	No change in the relative protein expression	Frame shift, nonsense

	<i>ITGA6, ITGB4</i> Integrin $\alpha6\beta4$ AR	Cleavage: lamina lucida, very rarely within basal keratinocytes; hypoplastic hemidesmosomes	Integrin $\alpha6\beta4$ reduced or absent, rarely unchanged	Nonsense, frame shift, splice site, missense, large deletions
	<i>ITGA3</i> Integrin $\alpha3$ subunit AR	No data available	Integrin $\alpha3$ subunit absent	Nonsense, frame shift, splice site, missense
Dystrophic EB	<i>COL7A1</i> Type VII collagen AR	Cleavage: sublamina densa, lack of anchoring fibrils in RDEB generalised severe, hypoplastic anchoring fibrils in the other subtypes	Type VII collagen reduced or absent, sometimes unchanged	Nonsense, frame shift, splice site, missense <sup>b,c</sup>
	<i>COL7A1</i> Type VII collagen AD	Cleavage: sublamina densa, hypoplastic anchoring fibrils	Type VII collagen unchanged or reduced	Missense, splice site, (large) in frame deletions <sup>d</sup>
	<i>PLOD3</i> Lysyl hydroxylase 3 AR	Cleavage: sublamina densa, fragmentation of the lamina densa, variable number and altered morphology of anchoring fibrils	Type VII collagen reduced	Missense, frame shift
Kindler syndrome	<i>FERMT1</i> Kindlin-1 AR	Cleavage: multiple levels (basal keratinocytes, lamina lucida, sublamina densa); lamina densa reduplications	Kindlin-1 absent or reduced	Nonsense, splice site, frame shift, large deletions, regulatory, in frame, missense, deep intronic

Legend: AD, autosomal dominant, AR, autosomal recessive, <sup>a</sup>, types of sequence variants described in the literature according to HGMD 2018.3; <sup>b</sup>, cases with compound heterozygosity for recessive and dominant sequence variants were reported<sup>41</sup>; <sup>c</sup>, somatic forward mosaicism was reported<sup>114</sup>; <sup>d</sup>, germline mosaicism was reported<sup>115</sup>

**Table 3. Comparison of the main methods for EB laboratory diagnosis**

Method	Advantage	Disadvantage
<b>Targeted NGS EB gene panel</b>	<p>Relatively rapid and effective approach for EB diagnosis, in particular if clinical features, IFM and TEM findings do not indicate the candidate gene, or such information is not available, or in situations with genetic heterogeneity</p> <p>Identifies disease-causing pathogenic variant(s)</p> <p>In correlation with phenotypic information, identifies mode of inheritance</p> <p>Allows genetic counselling</p> <p>Allows DNA-based prenatal diagnosis</p> <p>Detects mosaicism quantitatively</p> <p><b>Level of evidence 2++</b></p>	<p>Not available in every country / health-care setting</p> <p>Requires bioinformatics support</p> <p>Incidental findings (such as carrier status for autosomal recessive EB subtypes, other than expected)</p>
<b>Whole exome sequencing</b>	<p>Effective approach if clinical features, IFM and TEM findings do not indicate the candidate gene, or such information is not available</p> <p>Identifies disease-causing pathogenic variant(s)</p> <p>May identify variants in new EB-associated genes</p> <p>In correlation with phenotypic information, identifies mode of inheritance</p> <p>Allows genetic counselling</p> <p>Allows DNA-based prenatal diagnosis</p> <p>Can detect mosaicism</p> <p><b>Level of evidence 2+</b></p>	<p>Not available in every country / health-care setting</p> <p>Requires bioinformatics support</p> <p>Finding analysis and interpretation require expertise and are time-consuming</p> <p>Incidental findings*</p> <p>More expensive than targeted NGS</p>
<b>Candidate gene analysis by Sanger sequencing</b>	<p>Straightforward approach if candidate gene (s) is (are) obvious or has (have) been identified by IFM/TEM or the familial mutation is known</p> <p>Identifies disease-causing pathogenic sequence variant(s)</p> <p>In correlation with phenotypic information, identifies mode of inheritance</p> <p>Allows genetic counselling</p> <p>Allows DNA-based prenatal diagnosis</p> <p><b>Level of evidence 2++</b></p>	<p>Will miss variations in other EB genes</p> <p>May be time-consuming and more expensive if the “candidate” gene is not correct and more genes have to be analysed</p>
<b>Immunofluorescence mapping</b>	<p>Easy technique</p> <p>Rapid result</p> <p>May indicate the candidate protein</p> <p>May indicate the consequence of the genetic variant(s) on protein level</p> <p>Prognostic value</p> <p>May be helpful in interpretation of VUS</p> <p>May help in the identification of areas of revertant mosaicism</p>	<p>Skin biopsy, a modestly invasive procedure is required</p> <p>Possible artefacts (e.g. artificial junctional cleavage)</p> <p>May remain uninformative (no skin cleavage and no alteration of immunoreactivity) in mild EB subtypes (e.g. localized EBS or DEB)</p> <p>The delivered information depends on the quality and number of applied antibodies</p>



	<b>Level of evidence 2+</b>	No information on the genetic defect Experience is required for interpretation of the results
<b>Transmission electron microscopy</b>	Identifies ultrastructural anomalies which are specific for some types of EB  Identifies ultrastructural anomalies which could help in validation of the pathogenic role of VUS	Skin biopsy, a modestly invasive procedure is required  May remain uninformative (e.g. no skin cleavage, or presence of non-specific alterations such as re-epithelialisation, or subtle changes in epithelial adhesion structures)  Possible artefacts due to biopsy technique or processing (e.g. absence of epidermis or artefactual cleavage)  No information on the genetic defect Expertise is required for both specimen processing and finding interpretation  Time-consuming
	<b>Level of evidence 2+</b>	

Legend: \*, such as pathogenic variants or VUS in genes associated with cancer predisposition or genetic disorders with late onset, or carrier status for autosomal recessive disorders

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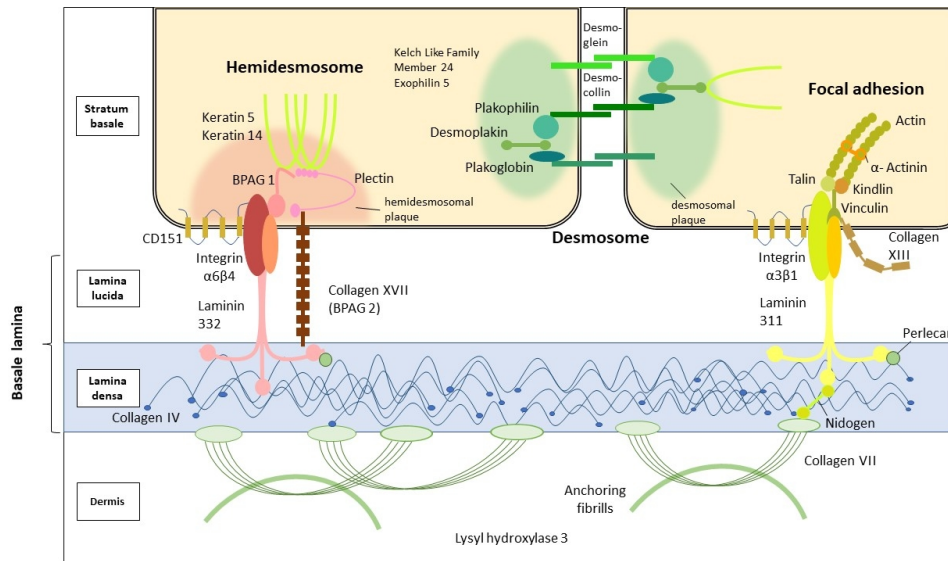


Figure 1. Schematic representation of intra-epidermal and dermo-epidermal adhesion structures with EB relevant proteins

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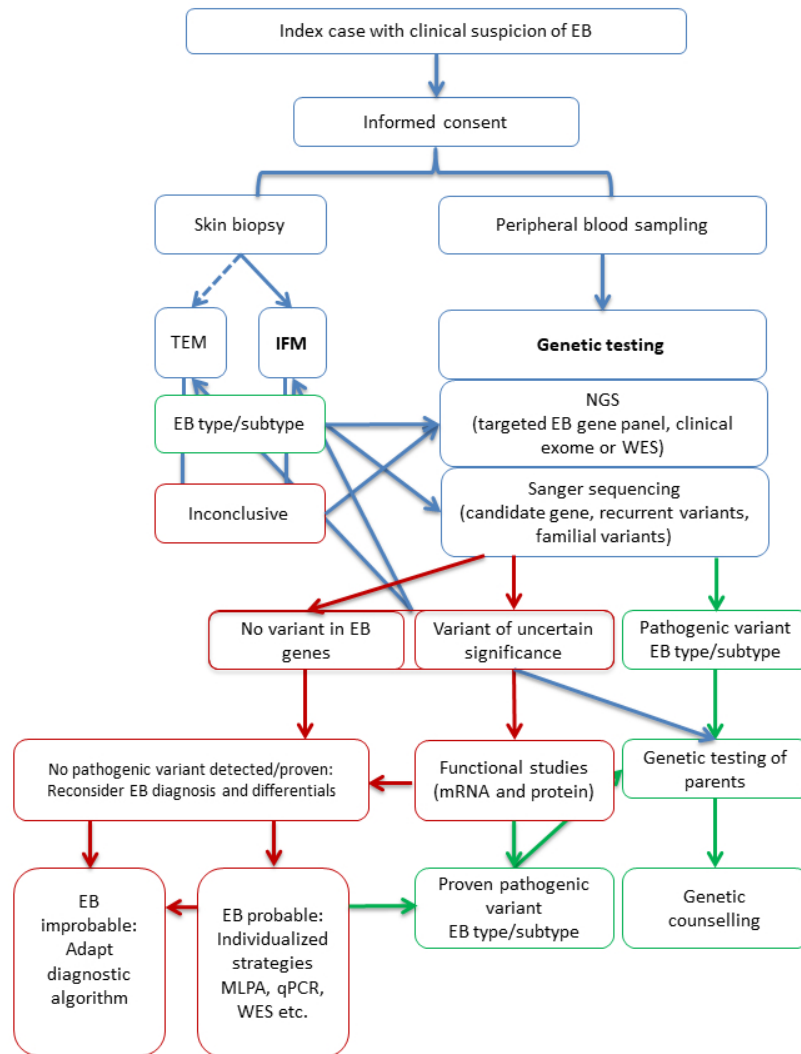


Figure 2. Flow chart of EB laboratory diagnosis. Schematic representation of the steps required for achieving molecular diagnosis of EB. Steps shown in green lead to a clear diagnosis of the EB type/subtype, while steps shown in red may require individualised strategies in a research setting.

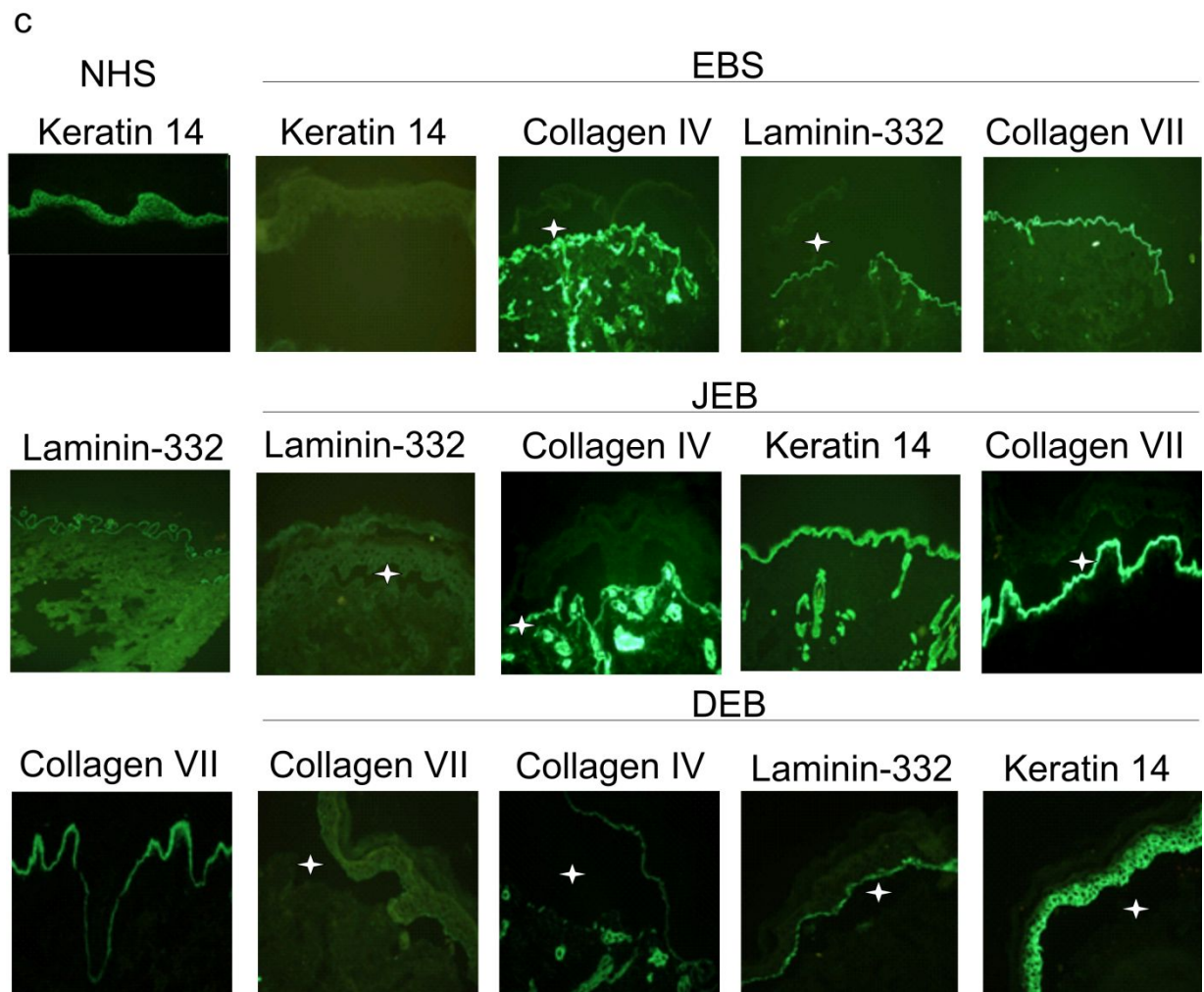
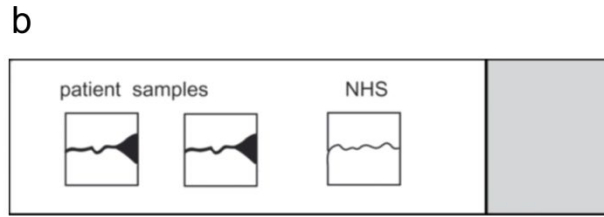
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## Supporting information

### Appendix 2. Supplementary Figures

**Supplementary Figure 1. Biopsy and IFM for EB laboratory diagnosis.** a) Biopsy for IFM including part of a fresh blister. b) Slide preparation for IFM: frozen sections of patient's and normal human skin (NHS) placed on one slide. c) Immunofluorescence images on NHS and EB skin using specific monoclonal antibodies to collagen IV, keratin 14, laminin-332 and collagen VII. Upper panels: epidermolysis bullosa simplex (EBS). Note EBS (AR) skin: no immunoreactivity for keratin 14, as compared to normal staining in NHS. Middle panels: junctional epidermolysis bullosa (JEB). In lesional skin, note the absent staining of laminin-332 as compared to normal staining pattern in NHS; normal staining of collagen IV and VII to the floor of the blister (\*). Lower panels: dystrophic epidermolysis bullosa (DEB). In lesional skin, note the absent staining of collagen VII as compared to normal staining pattern in NHS; normal staining of collagen IV to the roof of the blister (\*).

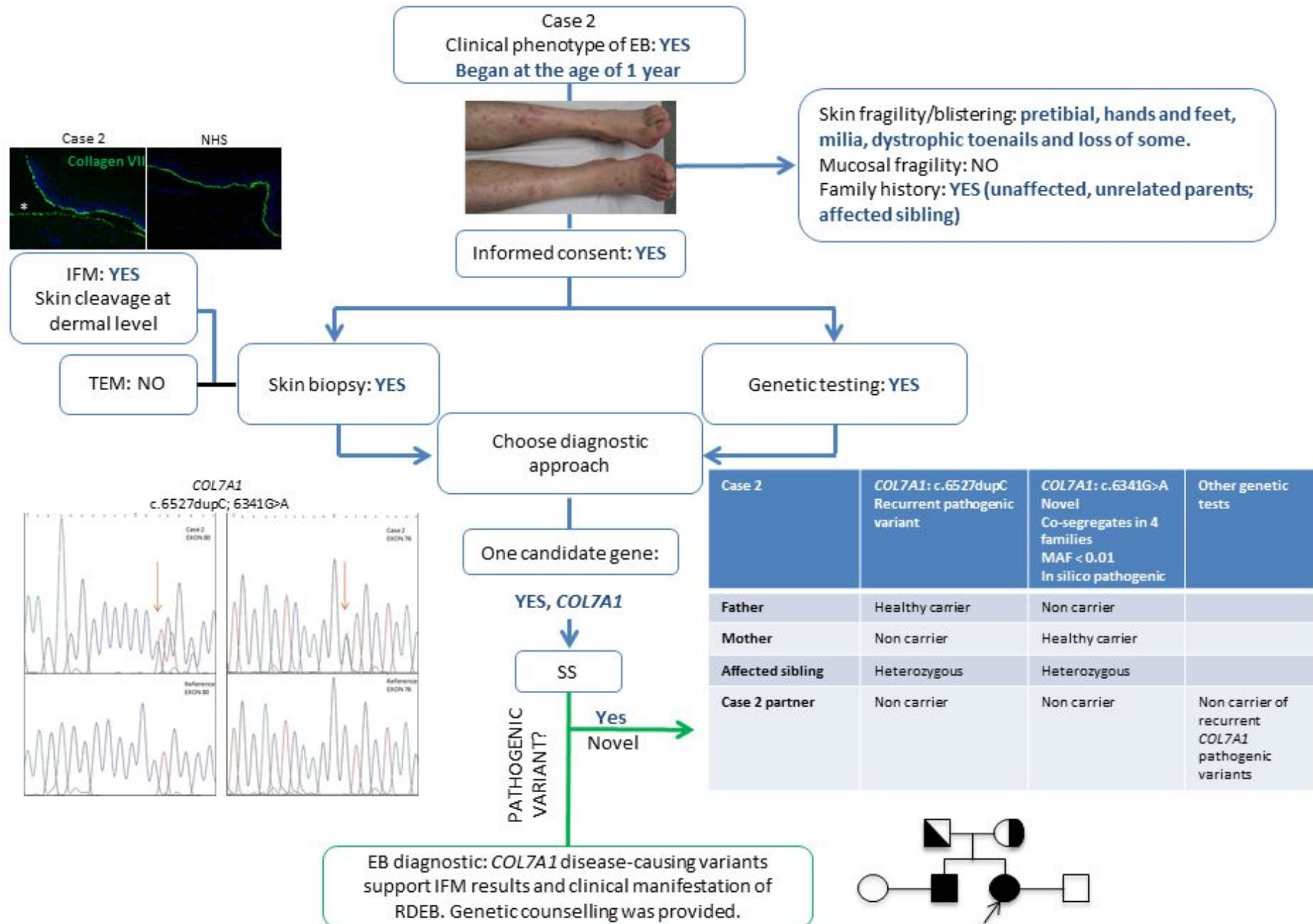
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**Supplementary Figure 2. Example of how the guideline works in clinical practice.**

Case 2 is an adult female with clinical features and family history suggestive of EB; with signed informed consent, she was referred to an EB diagnostic centre as a pregnancy was envisaged. IFM confirmed DEB, and with *COL7A1* as the unique candidate gene, direct bidirectional SS of *COL7A1* was performed. Identification of two pathogenic sequence variants (one highly prevalent and one novel) discloses recessive inheritance which was confirmed in the patient's parents and affected sibling. Pathogenicity of the novel mutation assessed according to ACMG. Analysis of the patient's partner to reduce risk of RDEB offspring and proper genetic counselling were provided.

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### Appendix 3. Supplementary Tables

#### Supplementary Table 1. Proteins involved in EB

Proteins	Characteristics	Localisation, tissue expression	Functions
<b>BPAG1</b>	Part of the plakin protein family	Inner plaque of hemidesmosomes in basal epidermal keratinocytes, skin and brain-specific isoforms exist	Cytoskeleton, signalling and tissue integrity
<b>CD151, syn. Tetraspanin 24</b>	Tetraspanin with four transmembrane domains	In hemidesmosomes at the basal pole of basal keratinocytes, podocytes	Stabilizes $\alpha6\beta4$ and $\alpha3\beta1$ integrins
<b>Desmoplakin</b>	Part of the plakin protein family, specifically a cytoplasmic component of desmosomes	Epithelial and cardiac tissues	Cell-to-cell adhesion, structure and cell integrity
<b>Exophilin 5, syn. Slac2-b</b>	Intracellular protein that interacts with keratin network	Keratinocytes and other hormone-related tissues	Plays a role in intracellular vesicle trafficking and secretion
<b>Integrin <math>\alpha3</math> subunit</b>	Transmembrane integrin receptor	At the basal pole of basal keratinocytes in the skin, kidney and lung	Structure and cell integrity, signalling, development and extracellular matrix (ECM) organisation
<b>Integrin <math>\alpha6\beta4</math></b>	Cellular transmembrane adhesion proteins that bind to laminin-332 in the ECM and keratins in the cell cytoplasm	Component of hemidesmosomes at the basal pole of basal keratinocytes, normal epithelial and endothelial cells	Signalling, ECM organisation
<b>Kelch-like protein 24</b>	Intracellular protein contributing to keratin network stability	Keratinocytes and many other tissues, including brain and heart	Cytoskeleton and tissue integrity
<b>Keratin 5 and 14</b>	Keratin polypeptides contain rod domains and build heterodimers which assemble into intermediate filaments	Basal keratinocytes in epidermis and oral mucosa	Cytoskeleton and tissue integrity, signalling, intracellular transport
<b>Kindlin-1</b>	Focal adhesion protein required for integrin binding and activation	Epithelial expression	Signalling, cell adhesion, migration, proliferation, differentiation and ECM deposition assembly
<b>Laminin-332, syn. laminin 5</b>	Heterotrimeric protein located at the basement membrane zone binding integrin $\alpha6\beta4$ from the basal keratinocyte and type VII collagen from the ECM	At the basal pole of basal cells in epithelial tissues	Epidermal adhesion, cell migration
<b>Lysyl-hydroxylase 3</b>	Member of the 2-oxoglutarate-dependent dioxygenase family	Secreted and present in the extracellular space; expressed in a variety of tissues	Enzyme able to hydroxylate lysyl residues and glycosylate hydroxylysyl residues in collagens
<b>Plakoglobin, syn. gamma-catenin</b>	Part of the plakin protein family, specifically a cytoplasmic component of desmosomes	Most tissues, including keratinocytes and cardiac muscle	Cell-to-cell adhesion, structure and cell integrity
<b>Plakophilin-1</b>	Part of the plakin protein family, specifically a cytoplasmic component of desmosomes	At the nucleus and desmosomes in many epithelial tissues, including the skin	Cell-to-cell adhesion, structure and cell integrity
<b>Plectin</b>	Large protein part of the	Inner plaque of	Cytoskeleton, signalling



	plakin protein family (adhesion junction plaque proteins), which act as cytoskeleton linkers	hemidesmosomes in basal epidermal keratinocytes, muscle and many other tissues	and tissue integrity
<b>Transglutaminase 5</b>	Enzyme which catalyses the formation of protein cross-links between glutamine and lysine residues	Suprabasal epidermis in the skin and oesophagus	Protein modification and stabilization, keratinocyte differentiation
<b>Type XVII collagen</b>	Transmembrane collagen component of hemidesmosomes	Epithelial hemidesmosomes of skin, mucous membrane and eye	Epidermal adhesion, ECM organisation
<b>Type VII collagen</b>	Polypeptide with central collagenous domain and C- and N-terminal noncollagenous domains, triple helix and assembles extracellularly into collagen fibrils	Anchoring fibrils beneath the lamina densa of the basement membrane Skin, mucous membranes, component of conduits in the spleen	Dermal-epidermal adhesion, ECM organisation

Legend: ECM, extracellular matrix; N-terminal, amino-terminal, C-terminal, carboxy-terminal

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Supplementary Table 2. Comparison of genetic testing techniques which can be used for EB laboratory diagnosis

Biomaterial	DNA					RNA
<b>Method</b>	<b>Sanger Sequencing</b>	<b>NGS – targeted EB gene panel</b>	<b>Whole exome sequencing (WES)</b>	<b>Multiplex Ligation-dependent Probe Amplification (MLPA)</b>	<b>Quantitative Fluorescent-PCR (QF-PCR) for microsatellite analysis</b>	<b>Transcriptome sequencing (RNA-Seq); reverse transcription (RT-PCR) and Sanger sequencing</b>
<b>Aim</b>	Detection of known and novel variants (nucleotide substitutions and small deletions, insertions, inversions)	Detection of known and novel variants (nucleotide substitutions and small deletions, insertions, inversions)	Detection of known and novel variants (nucleotide substitutions and small deletions, insertions, inversions)  Haplotype analysis  Detection of loss of heterozygosity (LOH)	Detection of known and novel large rearrangements (deletion/insertions of whole exons or genes)	Haplotype segregation for: indirect carrier detection; indirect evidence of large rearrangement(s); confirmation of <i>de novo</i> sequence variant event(s) or uniparental isodisomy (UPD); preimplantation genetic haplotyping (PGH); maternal contamination testing in prenatal diagnostics	Detection of altered transcripts

<p><b>Advantages:</b></p>	<p>Golden standard for genetic human disease diagnosis</p> <p>Straightforward approach if candidate gene is obvious or the familial sequence variant(s) is (are) known</p> <p>Simple equipment</p> <p>Easy to set up (compared to NGS)</p> <p>Enables detection of mosaic variants (if the variant is present in &gt;20% of the DNA)</p> <p>The cheapest option for analysis of a few selected exons</p>	<p>Rapid and effective approach in absence of a candidate gene</p> <p>Multigenic analysis per sample in a single tube improving cost/efficiency</p> <p>Enables detection of mosaic variants</p> <p>Relatively low-cost method for analysis of several / large genes</p>	<p>Effective approach in absence of a candidate gene</p> <p>Multigenic analysis per sample in a single tube improving cost/efficiency</p> <p>Discovery of new genes</p> <p>Enables detection of mosaic variants</p>	<p>Analysis of large rearrangements (deletions/duplication)</p> <p>Easy to set up</p>	<p>Rapid and low-cost</p> <p>Easy to set up</p>	<p>Confirmation of effect of new variants on splicing</p> <p>Identification of novel sequence variants located in exons and introns as a result of new splicing variants</p> <p>Enable detection of mosaic variants</p>
<p><b>Limitations and uncertainty</b></p>	<p>Candidate gene is mandatory (laborious and expensive for several genes per patient)</p> <p>No detection of larger ins/del</p> <p>No detection of variations in other EB genes</p> <p>Allele “dropout” in the PCR due to lack of primer hybridization (e.g., an SNP in primer region, deletion of one allele)</p> <p>15-50% of variants are undiagnosed, depending on EB type</p>	<p>Uncovered regions (uncaptured/ low coverage)</p> <p>Computational capabilities are needed</p> <p>Not (yet) for detection of larger insertions/deletions</p> <p>Bioethical challenges- enable detection of unsolicited findings<sup>1</sup></p>	<p>Uncovered or poorly covered regions (uncaptured/ low coverage/deep introns) can vary in different sequencing platforms</p> <p>Not (yet) for detection of larger ins/del</p> <p>Less coverage for target genes than EB-panels, including non-coding sequences</p> <p>Computational capabilities are needed<sup>2</sup></p> <p>Bioethical challenges: detection of unsolicited findings (non-EB genes)</p>	<p>Available for a limited number of genes</p> <p>Limited available positive controls</p> <p>Reliable results depend on high DNA quality</p>	<p>Not 100% reliable as a paternity test.</p> <p>Microsatellites not always informative for all families.</p>	<p>Skin biopsy is not always possible.</p> <p>Mutant mRNA allele maybe degraded by NMD. Not always easy to amplify both allele products.</p>

Other considerations	<p>Recommended primer design, to avoid reported SNP-containing regions (Association for Clinical Genetic Science (ACSG))</p> <p>Software based analysis is mandatory Additional visual evaluation highly recommended to detect mosaic cases (ACSG)</p>	<p>Recommended, to include all EB genes and introns</p> <p>Mandatory to confirm by SS.</p> <p>Unable to detect sequence variants in introns/regulatory regions (if introns are not included)</p>	<p>Mandatory to confirm results by SS</p> <p>Unable to detect sequence variants in introns/regulatory regions</p>	<p>Recommended PCR-based confirmation for each deletion to rule out that the probe complimentary DNA regions contains SNP(s). Preferential amplification of a smaller allele (in case of deletion) may occur</p>	<p>Recommended to use a genetic analyzer capable of 2 bp allele resolution and peak area/peak height quantification</p> <p>Stutter products are common, therefore, experience in microsatellite analysis is required</p>	<p>Recommended to test for possible aberrant splicing in unreported sequence variants</p>
Internal and external quality control (search for references)	<p>Blind sample in each run; negative (no sequence variant) and positive (with sequence variant) controls</p> <p>Verification of sequence variant in parents</p> <p>External quality assessment (EQA) schemes</p>	<p>NGS quality metrics (<a href="http://www.eurogentest.org/">www.eurogentest.org/</a>)</p>	<p>NGS quality metrics (<a href="http://www.eurogentest.org/">www.eurogentest.org/</a>)</p> <p>EQA schemes</p>	<p>Blind sample and negative (no sequence variant) and positive internal controls are needed in each run</p>	<p>Blind sample in each run</p>	

**Supplementary Table 3. Classification of sequence variants**

Class	Variant name	Clinical significance	Main criteria*	Clinical application	Recommendation
1	Clearly benign	Variant is not considered to cause EB in the patient	Variant does not segregate with the disease	Genetic test is considered negative	Keep searching for pathogenic variant/s
2	Likely benign	Variant is not likely the cause of EB in the patient	Minor allele frequency (MAF) in control populations < 0.001 (1000G and ExAC)	Genetic test is considered negative	Keep searching for pathogenic variant/s
3	Uncertain significance (VUS)	Insufficient or inconsistent evidence to ensure that variant is not causing EB in the patient	Variant is novel or very rare Predicted to be deleterious In an EB gene associated to the patient's clinical presentation	Genetic test is considered uncertain	Not for clinical decision-making Not for risk calculation Family member testing may be useful to gain information to reclassify the variant but not for genetic counselling Keep searching for pathogenic variant/s
4	Likely pathogenic	Variant is considered the probable cause of EB in the patient	Loss of gene function established as a pathogenic mechanism in EB: premature truncation (frameshift, nonsense, or consensus splice site (+/- 1, 2))  Variant is novel or very rare in control ethnically matched populations	Genetic test is considered positive Cautious clinical decision-making	Family member testing Genetic counselling Not for risk calculation Re-evaluate the status of the variant periodically
5	Clearly pathogenic	Variant is considered causative of EB in the patient	Family co-segregation well established  Publications support pathogenicity	Genetic test is considered positive Clinical decision-making Risk disease calculation	Family member testing Genetic counselling

\* For further criteria: <http://www.mgz-muenchen.com/files/Public/Downloads/2018/ACMG%20Classification%20of%20Sequence%20Variants.pdf> (Richard , 2015)  
[MAF, minor allele frequency](#)

**Supplementary Table 4. The most useful websites and online bioinformatics tools ✓**

(Modified after Richard et al., 2015)

<p><b>Databases:</b></p> <p>GnomAD <a href="http://gnomad.broadinstitute.org/">http://gnomad.broadinstitute.org/</a></p> <p>ClinVar <a href="https://www.ncbi.nlm.nih.gov/clinvar/">https://www.ncbi.nlm.nih.gov/clinvar/</a></p> <p>HGMD <a href="http://www.hgmd.cf.ac.uk/ac/index.php">http://www.hgmd.cf.ac.uk/ac/index.php</a> (registration is mandatory, free version contains data published up to 3 years ago)</p> <p>SNPdb <a href="https://www.ncbi.nlm.nih.gov/snp">https://www.ncbi.nlm.nih.gov/snp</a></p> <p>International registry of dystrophic epidermolysis bullosa (DEB) patients and associated COL7A1 pathogenic variants: <a href="http://www.deb-central.org">www.deb-central.org</a></p> <p>Intermediate filament database: <a href="http://www.interfil.org">www.interfil.org</a></p> <p>LOVD <a href="http://www.lovd.nl/3.0/home">http://www.lovd.nl/3.0/home</a></p>
<p><b>Reference Sequences:</b></p> <p>LRG <a href="http://www.lrg-sequence.org">http://www.lrg-sequence.org</a></p> <p>NCBI <a href="https://www.ncbi.nlm.nih.gov/refseq/rsg/">https://www.ncbi.nlm.nih.gov/refseq/rsg/</a></p>
<p><b>Primer design:</b></p> <p>Primer3</p> <p>BLAST</p> <p>SNPcheck</p> <p>PCR in SILICO</p>
<p><b>Bioinformatic services:</b></p> <p>Varsome (contain ACMG scoring system and integrates several other computational tools)</p> <p><u>Missense prediction:</u></p> <p>Poly-Phen-2</p> <p>SIFT</p> <p>Mutation Taster</p> <p><u>Splice site predictions:</u></p> <p>GeneSplicer <a href="http://www.cbcb.umd.edu/software/GeneSplicer/gene_spl.shtml">http://www.cbcb.umd.edu/software/GeneSplicer/gene_spl.shtml</a></p> <p>Human Splicing Finder <a href="http://www.umd.be/HSF/">http://www.umd.be/HSF/</a></p> <p>MaxEntScan <a href="http://genes.mit.edu/burgelab/maxent/Xmaxentscan_scoreseq.html">http://genes.mit.edu/burgelab/maxent/Xmaxentscan_scoreseq.html</a></p> <p>NetGene2 <a href="http://www.cbs.dtu.dk/services/NetGene2">http://www.cbs.dtu.dk/services/NetGene2</a></p> <p>NNSplice <a href="http://www.fruitfly.org/seq_tools/splice.html">http://www.fruitfly.org/seq_tools/splice.html</a></p> <p>FSPLICE <a href="http://www.softberry.com/berry.phtml?topic=fsplce&amp;group=programs&amp;subgroup=gfind">http://www.softberry.com/berry.phtml?topic=fsplce&amp;group=programs&amp;subgroup=gfind</a></p>
<p><b>Pathogenic variant designation:</b></p> <p>HGVS <a href="http://varnomen.hgvs.org/">http://varnomen.hgvs.org/</a></p> <p>Mutalyzer <a href="http://www.humgen.nl/mutalyzer">http://www.humgen.nl/mutalyzer</a></p>

**Supplementary Table 5. The formula for the Michel's medium**

1 m citrate buffer pH 7.4, 2.5 ml
0.1 m magnesium sulphate, 5 ml
0.1 m N-ethyl maleimide, 5 ml
ammonium sulphate 55 g
distilled water, 87.5 ml
<b>total volume 100 ml</b>
adjusted to pH 7.4 with 1 m sodium hydroxide

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**Supplementary Table 6. Standard protocol for IFM for EB diagnosis ✓**

Step	Procedure	Time
1	An appropriate number of slides are air dried	10 minutes
2	Incubate with the primary antibodies against specific structural proteins	30 minutes to 2 hours or over night
3	Wash the slides twice in PBS	15 minutes each
4	Incubate with different specific secondary antibodies depending on the source of the primary antibody Secondary antibodies are covalently bound to a fluorescent dye, most commonly fluorescein-iso-thio-cyanate, FITC) and derive from mouse, rabbit or rat	30 minutes to 2 hours
5	Wash of the slides twice in PBS	15 minutes each
6	Embed in glycerol or fluorescence mounting medium	
7	Analyse with a fluorescence ultraviolet microscope at 450–490 nm (e.g. Axioscop, Carl Zeiss GmbH)	

Legend: PBS, phosphate-buffered saline; FITC, fluorescein-iso-thio-cyanate



**Supplementary Table 7. Antibodies recommended for IFM in EB<sup>a</sup> ✓**

Antigen	Name / clone	Host
<b>Minimal panel<sup>b,c</sup></b>		
Type IV collagen	CIV-22 IV-4H12	Mouse Mouse
Type VII collagen	LH 7.2	Mouse
Type XVII collagen	Ab28440	Rabbit
Keratin 14	LL 002 RCK107	Mouse Mouse
Laminin $\beta$ 3 chain	6F12	Mouse
<b>Extended panel</b>		
BPAG1	279	Mouse
CD151	11G5a	Mouse
Exophilin 5	Polyclonal	Rabbit
Desmoplakin	2Q400 DP2.15	Mouse Mouse
Integrin $\beta$ 4 subunit	3E1	Mouse
Integrin $\alpha$ 6 subunit	GOH3 NKI-GoH3	Rat
Integrin $\alpha$ 3 subunit	P1B5	Mouse
Keratin 5/6 Keratin 5	D5/16 B4 SP27 MAB3224	Mouse Mouse Mouse
Laminin $\alpha$ 3 chain	# 546215 P3H9-2	Mouse
Laminin $\gamma$ 2 chain	D4B5	Mouse
Plectin	10F6 31	Mouse Mouse
Plakophilin 1	PP1-5C2 3G250	Mouse Mouse
Plakoglobin	PG5.1	Mouse
Transglutaminase 5	H-15	Rabbit

<sup>a</sup>, only commercially available antibodies are included in this recommendation; <sup>b</sup>, if clinical features indicate a specific EB subtype (i.e. pyloric atresia), the corresponding antigen should be included in the minimal panel; <sup>c</sup>, nuclear staining may enable distinction between cleavage within the basal keratinocytes or within the lamina lucida.

## Appendix 4. Example of the Report for EB Laboratory diagnosis in Case 1

Laboratory data

Date:

Referring clinician:

### Molecular genetic analysis for Epidermolysis Bullosa

Last Name: Smith

First name: Jane

Date of birth: 15/01/2017

Gender: Female

Place of birth: Warsaw

Ethnic origin: Polish

Reason for referral: Female new born with congenital skin defects on upper and lower limbs, mechanically induced skin blisters and milia. Family history was negative, parents were not related.

Immunofluorescence mapping: Skin biopsy was performed in the second day of life with an extended panel of 18 antibodies to proteins of the dermal-epidermal junction zone (according to Has and He, 2016). No skin cleavage detected, all markers stained comparable to the normal skin. The result is not conclusive but excludes severe types of JEB and DEB, and autosomal recessive EBS.

#### RESULT:

***KRT5: c.548T>A, p.Ile183Asn, in a heterozygous state.***

**Genotype according to HGVS: NM\_000424.3: c.[548T>A];[=] or NP\_000415.2: p.[Ile183Asn];[=]**

**No mutations in other analyzed regions of remaining genes were detected**

(Key: [=] denotes normal allele present)

#### INTERPRETATION:

- This result shows that Jane Smith is heterozygote and has a c.548T>A (p.Ile183Asn) pathogenic variant in a single allele of *KRT5*.
- Genetic testing by Sanger sequencing excluded this pathogenic variant in the parents' DNA, indicating that mutation arose *de novo* in the patient or results from germline mosaicism of one of her parents.
- The c.548T>A (p.Ile183Asn) is variant previously reported in individuals with Epidermolysis bullosa simplex (EBS) (Kim et al., 2017) and not detected in general population (GnomAD) (ACMG equals class 5).
- The result indicates that Jane Smith has autosomal dominant EBS due to a *de novo KRT5* pathogenic variant. The clinical subtype is severe generalized EBS.
- The future risk of having a child affected by EBS due to *KRT5* mutation calculated for Jane is high and equals 50% for every pregnancy.
- Consultation with Genetic Counselor is highly recommended.

Analysis performed by

Approved by

Molecular biologist Y

Laboratory director Z

#### Additional information:

Analysis was based on next generation sequencing (NGS) and included coding regions and exon-intron junctions of the following genes: *CD151, COL17A1, COL7A1, DSP, DST, EXPH5, FERMT1, ITGA6, ITGB4, ITGA3, JUP, KLHL24, KRT5, KRT14, LAMA3, LAMB3, LAMC2, PKP1, PLEC, TGM5*. Important: gross rearrangements, introns (beside exon-intron junctions) and regulatory regions were not analyzed!

Library was prepared using (Reagents name, lot and producer) and sequenced on (sequencer name)

The results were analyzed using following bioinformatics tools: Real Time Analysis Software (RTA), MiSeq Reporter (MSR), VariantStudio, Annovar.(or other, according to individual laboratory pipelines)

UCSC hg19 was used as a reference human genome.

Following databases were used for variant annotations SNPdb (NCBI), ExAC, Ensembl, OMIM, GnomAD, ClinVar, HGMD Professional (or other).

Quality parameters: Mean Region Coverage Depth , coverage > 20x: .; Q30

1  
2  
3 Pathogenic variants identified by NGS were confirmed using Sanger Sequencing. The sequences were analyzed using Mutation  
4 Surveyor v.3.10 Network (SoftGenetics®) (or other).  
5 Mutations have been classified according to GenBank Accession Number: NM\_000424.3 and named according to HGVS  
6 recommendations (HGVS 15.11)

7 Please note that DNA has been stored from this patient's sample at this center,  
8 and will be kept indefinitely unless a written request for its disposal is received from the patient or his parent/guardian  
9 Individual elements of this report should not be copied or transferred to other systems;  
10 the report should only be copied in its entirety.  
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