

Pro-Ana and Pro-Mia Sites: a Reflexive approach to this Phenomenon

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ABSTRACT

This article attempts to review the main research on web sites that promote Eating Disorders (ED), Pro-ana and Pro-mia. It gives the opportunity to reflect on this growing topic that continues to be not well known. Some questions emerge in relation to the sense of belonging to virtual groups, group identity, codes and shared symbols. So, this article is an invitation to start to understand what some authors have called the "Sub-culture Ana" which provides an opportunity to know the way people might possibly suffer from an ED as well as think and feel about their disorder and other aspects of their lives.

KEY WORDS: Eating disorders, Internet, "Pro-ana", "Pro-mia"

Keywords

KeyWords Plus: EATING DISORDER WEBSITES; ANOREXIA WEBSITES; ATTACHMENT THEORY; INTERNET; VIEWERSHIP; THERAPY; NERVOSA; MODEL